

# Mount Gilead Seventh-day Adventist Church

## Newsletter 02

January 7, 2022



“I will **praise thee, O LORD**, with my **whole heart**; I will shew forth all **thy marvellous works**. I will be glad and rejoice in thee: I will **sing praise** to thy name, O thou most High.”  
Psalm 9:1, 2

### Birthdays in January



Bernard Orang -1<sup>st</sup>  
Monica Seetram - 6<sup>th</sup>  
Uriah Michael Mugisha - 6<sup>th</sup>  
Pauline Thompson - 8<sup>th</sup>  
Angelena Jones - 9<sup>th</sup>  
Faith Seetram -14<sup>th</sup>  
Braiden Hinds - 15<sup>th</sup>  
Kenute Valentine -15<sup>th</sup>  
Jayda and Shantelle Hinds - 16<sup>th</sup>  
Walter Ombonto – 23<sup>rd</sup>  
Colin Smith -24<sup>th</sup>  
Orienthea Smith - 25<sup>th</sup>  
Judith Kemunto – 25<sup>th</sup>  
Remaline Shakes – 28<sup>th</sup>  
Judith Hamilton - 30<sup>th</sup>  
Tammy Stupecka-30<sup>th</sup>

### EVENTS FOR SABBATH, January 8, 2022

#### Day of Prayer and Praise

- **Prayer Session: 9:30 a.m.**
- **Sabbath School: 10:00 a.m.**
- **Midday Service: 11:15 a.m.**
- **Youth Meeting: 1:10 p.m. on Children Zoom**
- **Pathfinder Consecration Service: 7:00 p.m.**

#### Mount Gilead Zoom Meeting

<https://zoom.us/j/7244241984?pwd=bjF1MU1BMDdheElqb3AzUjBGcGxmUT09>

or phone **647-558-0588**

(tell those without computer)

**Meeting ID: 724 424 1984**

**Passcode: 7525333**

#### Children Ministry Zoom Meeting

<https://us02web.zoom.us/j/87960419155>

**Meeting ID: 811 1706 1582**

**Passcode: 714816**

## Zoom Service for January 8, 2022



### Day of Prayer and Praise



#### SABBATH SCHOOL 10:00 a.m.

Superintendent/ Welcome..... Sis. Madge Thompson  
Opening Hymn.....# 197

#### “The King of Love My Shepherd Is”

Opening Prayer .....Sis. Clorine McNeish-Weir  
Mission Story .....video

#### “Mission in Southern Asia-Pacific”

**Lesson Review** ..... Elder Ainsworth Hinds  
Lesson Summary and Closing Remarks ..... Sis. Madge Thompson  
Closing Hymn .....# 619

#### “Lead On, O King Eternal”

Closing Prayer..... Bro. Edmond Francois

#### THE CHURCH AT WORSHIP 11:00 a.m.

Elder in Charge/Welcome..... Melrose Cooley  
Pastor’s Corner..... Pastor, Dr. A. M. Reid

#### (Announcements/ Offertory)

Praise and Worship (529, 334)..... Chorister  
Hymn of Praise .....# 326

#### “Open My Eyes”

Intercessory Prayer..... Sis. Monica Seetram  
Children Story .....video

#### “The Good Samaritan”

Scripture Reading..... Sis. Janice Small  
“Colossians 1:3-6”

Music of Meditation..... The Alleyne Sisters  
Sermon (10 Days of Prayer Message) ..... Elder Yvonne Edwards

#### “GOD’S MISSION AND PRAYER, PART 2”

**Prayer Session** ..... Sis. Monica Seetram (coordinator)  
Individual Prayers of Reconsecration (2 min.)  
Hymn.....# 348

#### “The Church Has One Foundation”

Personal Testimonies: (2 min. per person)  
Voluntary Prayers (5 persons)  
Reading on the Work of the Holy Spirit ..... Sis. Monica Seetram  
Hymn.....# 262

#### “Sweet, Sweet Spirit”

Voluntary Prayers  
Special Prayer of Thanksgiving ..... Pastor, Dr. A. M. Reid  
Hymn of Consecration .....# 367

#### “Rescue the Perishing”

Benediction ..... Elder Yvonne Edwards  
Benediction Response ..... Chorister

#### “Till We Meet Again”

- **Youth Meeting: 1:10 p.m. on Children Zoom**
- **Pathfinder Consecration Service: 7:00 p.m.**

# Upcoming Events for Mount Gilead Church

## Mount Gilead's Mission and Vision Statements

**Vision:** To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His Second Coming.

**Mission:** To reach people within Toronto and its environs with the Everlasting Gospel of hope and wholeness.

Are members are encouraged to memorize these and endeavour to make them a reality.

**Theme for the year 2022: “Ready, Renew, Reclaim, Reconcile”**

Scripture Passage, 2022: **Isaiah 6:8**

### **First Quarter: Wellness**

**January:** Spiritual Development

**February:** Family

**March:** Youth

The church will focus on Ministries rather than Departments.

- **Urgent Youth Meeting**

**Pastor Reid is calling all Youth of Mount Gilead to a meeting on Sabbath, January 8, immediately after Midday Service about 1:10 p.m. on the Children's Zoom.**

**This meeting is urgent as we try to decide on important ministry matters concerning youth.**

- **10 Days of Prayer: Wednesday. January 5 to Sabbath January 15**



**Mount Gilead's Schedule will be as follows:**

**Wednesday January 5 and 12: from 7:00 to 8:00 p.m.**

**Sabbath, January 8 and 15, during the Midday Service**

**All other days: from 5:30 to 6:30 a.m.**

**We will end in a Prayer Vigil January 15 from 8:00 p.m. to 12:00 a.m.**

Dates	Time	Topics	Coordinators	Devotional Speakers
Wed. 05	7:00 – 8:00 p.m.	1. The Urgency of Prayer	Pastor A. Reid	Sis. Monica Seetram
Thurs. 06	5:30 – 6:30am	2. The Everlasting Gospel and Prayer	Elder Y. Edwards	Pastor A. Reid
Fri. 07	5:30 – 6:30am	3. God's Mission and Prayer Part 1	Sis. Janette Johnson	Elder Ainsworth Hinds
Sab. 08	Midday Service	4. God's Mission and Prayer Part 2	Sis. Monica Seetram	Elder Yvonne Edwards
Sun. 09	5:30 – 6:30am	5. The Obedient Lifestyle and Prayer	Sis. Eva Bekkout	Elder Melrose Cooley
Mon. 10	5:30 – 6:30am	6. Confidence in the Judgment and Prayer	Sis. Janette Johnson	Sis. Monica Seetram
Tues. 11	5:30 – 6:30am	7. The Three Angels Messages, the Sabbath and Prayer	Sis. Roxanne Richards	Sis. Wanda Miles
Wed. 12	7:00 -8:00 p.m.	8. The Fall of Babylon and Prayer	Pastor A. Reid	Carril Cornelius
Thurs. 13	5:30 – 6:30am	9. The Mark of the Beast and Prayer	Elder Y. Edwards	Elder Oscar Nunez
Fri. 14	5:30 – 6:30am	10. God's People the Remnant and Prayer	Elder Ainsworth Hinds	Pastor A. Reid
Sab. 15	Midday Service	11. TBD	Sis. Monica Seetram	Elder Howard Shaw
Sab. 15 p.m.	8:00 p.m. – 12:00 a.m.	<b>Prayer Vigil</b>	Pastor A. Reid/ Monica Seetram	Pastor D. Swaby and other guests

- **Musical program called “Reflection and Thanks.”**

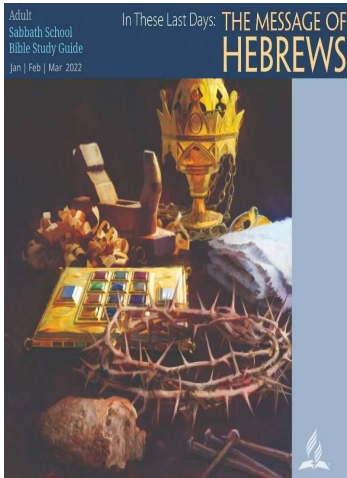
**January 15 at 5:00 p.m.**

**Enjoy a relaxing evening of beautiful music.**

- **Sabbath School Lessons for 1<sup>st</sup> Quarter 2022**

**Mount Gilead Adult Quarterlies have not yet arrived.**

**In the meantime, you may study online using the links below.**



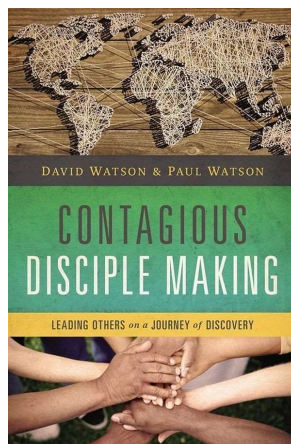
Lesson 2 - <https://ssnet.org/lessons/22a/less02.html>

Lesson 3 - <https://ssnet.org/lessons/22a/less03.html>

- **Contagious Disciple Making: 1<sup>st</sup> Sabbath of each month during Sabbath School.**

This is a Personal Witnessing Training in which we will learn how to become a **contagious disciple-maker**. There are easy and practical steps that should give joy in making disciples for the Kingdom of God.

**All are welcome!**



- The **Adopt a Member/Person of Interest Initiative** has the goal to develop missional and disciple-making skills among members and their friends.

If you want to be paired with a prayer partner, please contact Sister Eva Bekkout at 416-697-3736 / [evabekkout@gmail.com](mailto:evabekkout@gmail.com) or Elder Yvonne Edwards at 416-219-6451 / [vonnemax@gmail.com](mailto:vonnemax@gmail.com).

## **Prayer Time**

**Sundays at 5:00 p.m.** to pray for non-Adventist family members and friends with whom we want to share the Gospel and see them being baptized and prepared for the Kingdom of God. **All are welcome!**

## **Tuesday Bible Study/ Baptismal Class**

Pastor Reid is conducting a Bible Class on **Tuesdays at 6:00 p.m.** It is primarily for non-members, so invite your friends to join the study class.

You may attend if you wish to accompany your visitors.

## **Membership List Update**

Members of Mount Gilead Church who have changed their address and phone number are asked to send the updates to Elder Melrose Cooley at [nineteen4ever@msn.com](mailto:nineteen4ever@msn.com) to update the records.

## **MOUNT GILEAD SEVENTH-DAY ADVENTIST CHURCH - Updates**

**Mount Gilead's upgraded website** is now up and running and will be officially dedicated on Sabbath January 1

<https://mountgileadadventist.org/>

**Mount Gilead's News location coming soon:**  
**700 Kennedy Road, Scarborough, M1K 2B5**

**Mount Gilead's Official Email Address and Phone Number:**  
[mtgilead@adventistontario.org](mailto:mtgilead@adventistontario.org)  
**1-416-752-5333**

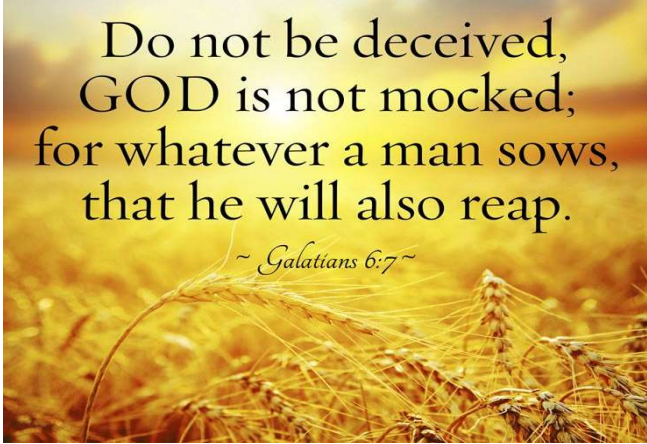
## **Mount Gilead SDA Facebook Page**

<https://www.facebook.com/Mount-Gilead-SDA-104231751344124/>

**Youtube Channel: Mount Gilead SDA Scarborough**

<https://www.youtube.com/channel/UCD4nq7h1jwXAsxoDCWS5cow>

**For Sermons & Special Music**



Do not be deceived,  
GOD is not mocked;  
for whatever a man sows,  
that he will also reap.

~ Galatians 6:7 ~

## **Different ways to return your Tithes and Offerings**

### **1. Online Giving**

All tithes and offerings may be sent by Online Giving at the Mount Gilead Church website [www.mountgileadadventist.org](http://www.mountgileadadventist.org)

Please find the link to a video detailing the instructions for Canadian Adventists to give their tithes and donations online: <https://vimeo.com/405871292>

### **2. You may mail your cheque to the church's mailing address**

The mailing address for Mount Gilead is:

**Mount Gilead Seventh-day Adventist Church  
P O Box 51028  
37 Eglinton Square  
Scarborough, Ontario. M1L 4T2**

Write **Attention: Charlene** at the bottom left corner of your envelope  
Elder Melrose Cooley picks up the mail every Friday.

### **3. Phone Pastor Reid at 416-752-5333 to pick it up from your home.**



## Health Corner



### **Godly Trust**

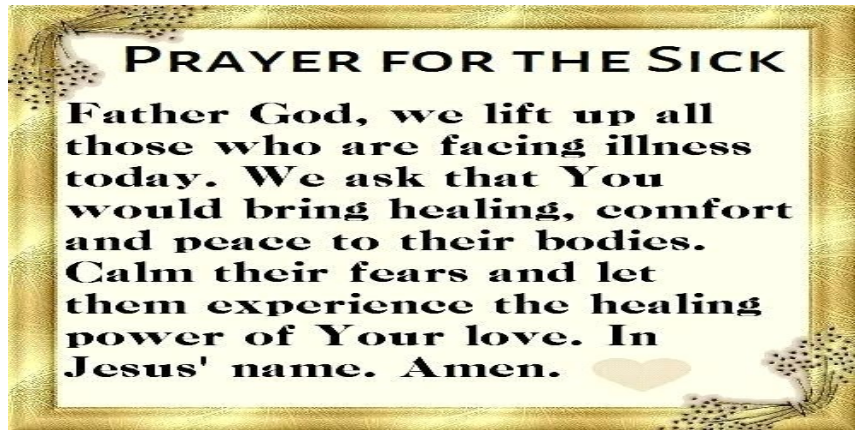
“Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” **Proverbs 3:5-6.**

The human brain produces and secretes hormones into the system when it is happy and experiencing joy and peace. These hormones invigorate and strengthen every cell of the body. True joy and peace come from a knowledge of God, and trust in Him. The brain also produces other hormones that cause a toxic reaction in the whole system, affecting the metabolism of every cell. These hormones are produced when experiencing fear, anger, frustration, hate, envy, and guilt.

Trust in Divine Power offers peace and assurance. When the mind is free and happy from a sense of duty well done, and from the satisfaction of giving happiness and cheer to others, it brings joy and peace to the whole being. The consciousness of right doing is one of the best medicines for the prevention of disease.

**Source: Meetministry.org**





## **Hospitalizations:**

- **Sisters Flo Brown and Suthlyn Pinnock are still in hospital. Please continuously pray for their recovery.**

## **Church Building for Rent:**

**Continue to pray as Mount Gilead finalizes rental plans for 700 Kennedy Road. You will be updated in due time.**

## **Updated Prayer List**

**Prayers of thanksgiving to God and Mount Gilead Member for their prayers:**

- **Kay Findleter** requesting baptism

## **New and continuous prayers for the following:**

- **Upcoming surgeries and procedures: Clorine McNeish-Weir** -January 31; **Dionne Mitchel**-Feb 7, **Pauline Thompson, Maureen Yearwood**
- **Other Health Issues: Sis. Maria De Lima, Elder Ainsworth Hinds**
- **Sis. Janette Johnson's cousins Phyllis Hinds** - in pain, **Sheila Johnson** - on dialysis
- **Sis Monica's brother Clarence Webster Jr.** and her sister **Laura**
- **Sis. Roxie Richardson's brother, Andrew.** (lung cancer, smoking addiction)
- **Bro Ainsworth's aunt, Gwen Lions** (in hospital).
- **Brian Joseph** - smoking problem, anxiety
- **Sis. Carolyn Hinds and her sister Charlene**
- **Spiritual strength: The new members Shantelle and Jayda Hinds, Sis. Mayerling Rivera, Bro. Horace Downer** and his wife **Annette** and also for **Bro. Darren Hibberd, George Hinds**
- **God's Protection: Sis. Newell's nephew Kirk, Elder Yvonne Edwards and family**
- **Sis. Earlyn's sons Ian and Jeremiah**
- **The families of Sis. Harriett Bynoe, Rollins and Lorde**
- **Sis Ena Jones** and her son **Alan**

**ANNOUNCEMENTS FROM ACROSS ONTARIO CONFERENCE**

Materials by  
Mark Finley

# 10 DAYS OF PRAYER

January 5-15, 2022

Seventh-day  
Adventist Church

JOIN AT  
[WWW.TENDAYSOFPRAAYER.ORG](http://WWW.TENDAYSOFPRAAYER.ORG)



## Metro East Regional Youth



# TOWN HALL

Let's Talk: Youth Ministry & Regional Collaboration

**SERIES OF MEETINGS:**  
Nov 20, 2021 || Jan 15, 2022  
START TIME: 4:00PM

Zoom ID: 844 6359 8608 || Passcode: 329329





Hi Friends,

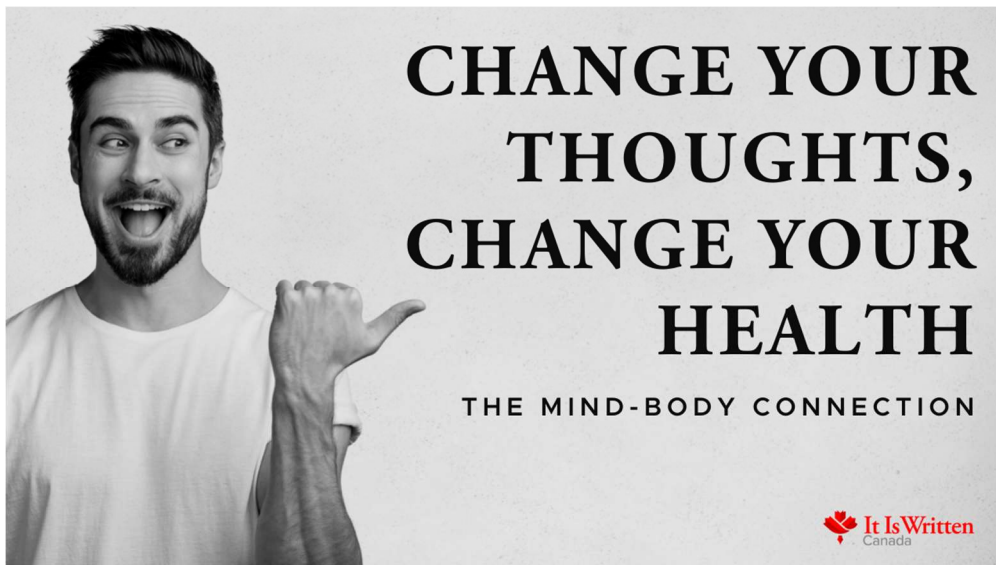
A very intimate connection exists between your mind and your body.  
When one is affected, the other sympathizes.

The condition of the mind affects the health of the body to a far greater degree than you might realize.

See how your thoughts can lead you down a positive path of health and wholeness.

**[Change Your Thoughts, Change Your Health](https://www.youtube.com/watch?v=Ea-QP43U9r8&feature=youtu.be)** (2:04)

**<https://www.youtube.com/watch?v=Ea-QP43U9r8&feature=youtu.be>**



Blessings to you and your family,

Mike and René Lemon

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**Reminder:**

All departments are encouraged to share plans and upcoming events as well as report on past activities, by sending an **email to [mountgileadbulletin@gmail.com](mailto:mountgileadbulletin@gmail.com)**, which we will then upload to the Bulletin or Newsletter. We welcome your news reports, poems, inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries etc.

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