

# Mount Gilead Seventh-day Adventist Church

## Newsletter 10

March 4, 2022



“Let **no one despise your youth**, but be **an example to the believers** in word, in conduct, in love, in spirit, in faith, in purity.” 1 Timothy 4:12 (NKJV)



Amarissa Reid - 6<sup>th</sup>

Daland Laurent - 7<sup>th</sup>

Josephine Johnson - 9<sup>th</sup>

Andrea Wade - 17<sup>th</sup>

Edwin Chung - 20<sup>th</sup>

Christina Hinds - 22<sup>nd</sup>

Lloyd Bell - 24<sup>th</sup>

### EVENTS FOR SABBATH, March 5, 2022

**Prayer Session and Sabbath School via Zoom**

**Midday Service on Zoom and You Tube**

<https://www.youtube.com/channel/UCD4nq7h1jwXAsxoDCWS5cow>

- **Prayer Session:** 9:30 a.m.
- **Sabbath School:** 10:00 a.m.
- **Midday Service:** 11:20 a.m.

<https://zoom.us/j/7244241984?pwd=bjF1MU1BMDdheElqb3AzUjBGGeGxmUT09>

or phone **647-558-0588**

(tell those without computer)

**Meeting ID:** 724 424 1984

**Passcode:** 7525333

**Children Ministry Zoom Meeting**

<https://us02web.zoom.us/j/87960419155>

**Meeting ID:** 811 1706 1582

**Passcode:** 714816

## Sabbath Service for March 5, 2022

### PRAYER SESSION 9:30 a.m.

Welcome/Opening Prayer..... Sis. Monica Seetram  
Opening Hymn..... Congregation/Chorister  
    **“Sweet Hour of Prayer”** (478)  
Scripture Reading..... **Isaiah 43:1-6**  
Testimonies  
Devotional Reading. .... **E.G. White – Messages to Young People**  
    **“A Faithful Friend”**  
Prayer  
Closing Hymn..... Congregation/Chorister  
    **“Hold Fast till I Come”** (600)

### SABBATH SCHOOL 10:00 a.m.

Superintendent/ Welcome..... Sis. Eva Bekkout  
Opening Hymn..... video  
    **“Rise, Ye Children of Salvation”**  
Opening Prayer ..... Sis. Maria De Lima  
Testimonies..... Sis. Linda Vitulli & Sis. Eva Bekkout  
    **“Finding Persons of Peace”**  
**Lesson Review** ..... Sis. Eva Bekkout  
Closing Hymn ..... video  
    **“Savior, Teach Me”** (193)  
Closing Prayer..... Sis. Suthlyn Pinnock

### THE MIDDAY WORSHIP SERVICE 11:20 a.m.

Welcome/Call to Worship..... Elder Ainsworth Hinds  
Pastor’s Corner/Offertory ..... Dr. Anthony Reid  
Introit..... Pianist/Chorister  
    **“We Have Come into His House”**  
Invocation. .... Pastor Halsey Peat  
Hymn of Praise ..... Congregation/Chorister  
    **“Come, Christians, Join to Sing”** (10)  
Intercessory Prayer..... Sis. Eva Bekkout  
Children Story ..... Sis. Kemeisha Campbell  
    **“Answered Prayer for Mr. Top”**  
Congregational Scripture ..... Sis. Janette Johnson  
    **“Joshua 14:10-12”**  
Introduction of Speaker..... Elder Ainsworth Hinds  
Praise and Worship (608, 523)..... Congregation/Chorister  
Music of Meditation..... Sis. Lashana Gittens  
Sermon ..... Pastor Halsey Peat  
    **“GIVE ME THE HILL COUNTRY”**  
Consecration Song ..... Congregation/Chorister  
    **“Lift Him Up”** (371)  
Benediction ..... Pastor Halsey Peat  
Blessing ..... Pianist/Chorister  
    **“Till We Meet Again”** (Kirk Franklin)

## **New Member for Mount Gilead Seventh-day Adventist Church**

Mount Gilead received Leena Greenidge into the fellowship on Sabbath, February 26 during the Midday Service. Her membership was transferred from Barbados.



# **Upcoming Events for Mount Gilead Church**

**Vision Statement:** To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His Second Coming.

**Mission Statement:** To reach people within Toronto and its environs with the Everlasting Gospel of hope and wholeness.

All members are encouraged to memorize these and endeavour to make them a reality.

**Theme for the year 2022: “Ready, Renew, Reclaim, Reconcile”**

Scripture Passage, 2022: **Isaiah 6:8**

**First Quarter: Ready**

**March: Youth Emphasis Month**

The church will focus on Ministries rather than Departments.

## **Mount Gilead has limited in-person Worship Service**

Mount Gilead Seventh-day Adventist church has started limited in-person worship at **700 Kennedy Road**. Maximum allowed 40, due to Covid-19 restrictions. All who intend to attend, must register on the church’s website

<https://mountgileadadventist.org/> or [www.mountgileadadventist.org](http://www.mountgileadadventist.org)

Scroll down the home page and click on **REGISTER HERE**

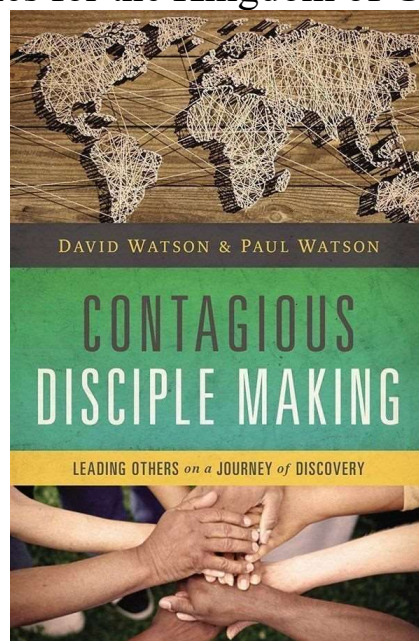
Those without computer, who wish to attend in person, may phone Pastor Reid or ask a friend to register them online.

**Every participant, even if from the same family, must complete the online screening.**

- **Wednesday Night Revival Time:** March 9 at 7:00 p.m.  
to be led by Elder Melrose Cooley

Devotional Readings for **March:** from “**Messages to Young People**”

- **Youth Day:** March 19
- **Health Presentation “Anxiety”** by Maria McClean: April 23 at 7:00 p.m.
- The **Adopt a Member/Person of Interest Initiative** has the goal to develop missional and disciple-making skills among members and their friends.  
If you want to be paired with a prayer partner,  
please contact Sister Eva Bekkout at 416-697-3736 / [evabekkout@gmail.com](mailto:evabekkout@gmail.com)  
or Elder Yvonne Edwards at 416-219-6451 / [vonnemax@gmail.com](mailto:vonnemax@gmail.com).
- **Contagious Disciple Making:** 1<sup>st</sup> Sabbath of each month during Sabbath School. **Next presentation March 5**  
This is a Personal Witnessing Training in which we will learn how to become a **contagious disciple-maker**. There are easy and practical steps that should give joy in making disciples for the Kingdom of God.



**All are welcome!**

## **Prayer Time**

**Sundays at 5:00 p.m.** to pray for non-Adventist family members and friends with whom we want to share the Gospel and see them being baptized and prepared for the Kingdom of God. **All are welcome!**

## **Tuesday Bible Study/ Baptismal Class**

Pastor Reid is conducting a Bible Class on **Tuesdays at 6:00 p.m.** It is primarily for non-members, so invite your friends to join the study class. You may attend if you wish to accompany your visitors.

## **Membership List Update**

Members of Mount Gilead Church who have changed their address and phone number are asked to send the updates to Elder Melrose Cooley at [nineteen4ever@msn.com](mailto:nineteen4ever@msn.com) to update the records.

## **Mount Gilead Seventh-day Adventist Church - New Location**

**Grace Anglican Church**  
**700 Kennedy Road, Scarborough, M1K 2B5**  
(a little south of Eglinton Avenue East)

**Live streaming of the Midday Service to YouTube from that location.**  
**Maximum 40 attendees allowed for in-person worship**

**Please register on the Mount Gilead website.**

<https://mountgileadadventist.org/> or [www.mountgileadadventist.org](http://www.mountgileadadventist.org)

**YouTube Channel: Mount Gilead SDA Scarborough**

<https://www.youtube.com/channel/UCD4nq7h1jwXAsxoDCWS5cow>

For Services, Sermons & Special Music

**Please visit, Like and Subscribe**

**Mount Gilead's Official Email Address and Phone Number:**

[mtgilead@adventistontario.org](mailto:mtgilead@adventistontario.org)

**416-752-5333**

**Mount Gilead SDA Facebook Page**

<https://www.facebook.com/Mount-Gilead-SDA-104231751344124/>

Do not be deceived,  
GOD is not mocked;  
for whatever a man sows,  
that he will also reap.

~ Galatians 6:7 ~

# FUEL THE MISSION

## WORSHIP THROUGH GIVING

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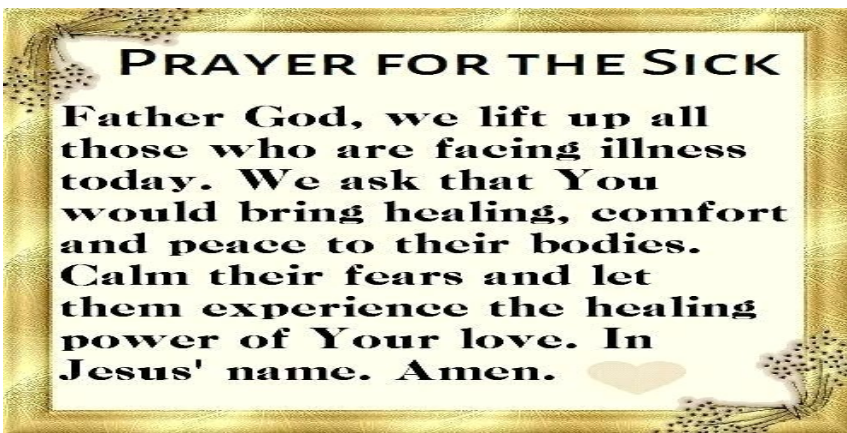
WAYS  
TO  
GIVE

Mail your cheque to  
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Scarborough Ontario M1L4T2  
PO Box 51028

Online Giving  
[www.mountgileadadventist.org](http://www.mountgileadadventist.org)  
Click on the online giving link

In person  
or call 4167525333 for pickup





## We welcome your testimonies of answered prayers

### Prayers of Thanksgiving to God and Mount Gilead Members for their prayers

- 
- Sis Monica's brother Clarence is feeling better.
- Sis. Ena Jones family members have seen resolving of the issues they were facing.

### Updated Prayer List

#### New and continuous prayers for the following:

- For **Mount Gilead Church** to have a smooth return to in-person worship services and for **the new technology to work well.**
- **Amanda Reid** facing many issues
- Dionne's friend **Sadie** requesting prayer
- **Sis. Linda Vitulli** and the request made for Bible study at a hotel. Also for all Bible study groups like Sis. Eva **Thursday women's group**
- Upcoming surgeries/ medical procedures: **Pauline Thompson** (March 8), **Roslyn Connaught**, **Ena Jones**, **Maureen Yearwood**, **Melrose Cooley**
- **The Kelly Family** who lost a brother
- **The Murell, Smith, Hinds and Johnson families.** They are grieving
- **Sis. Pat Roulston**, Pastor Roulston's wife - had an accident and broke her collar bone.
- Sis. Maria DeLima's relatives, the **Daniel Family**- had sudden death in the family recently.
- **The People of Brazil** – flooding in the country with high death toll.
- Sis. Monica's office manager, **Michelle** who is very sick
- **Bro. Darren Hibberd**, for challenges in personal issues
- **Sis. Myrna Lewis**: She fell and has chest muscle bruise and chest pain
- **Bro. Rudolph Lewis**- eye sight fading
- **Sis. Ena Jones and family**
- **Lori Davis**: huge clot in her leg and doctor says she could die of it.
- **Pamela** who has health issues with diabetes, high blood pressure and now contracted covid
- Sis. Linda Phillip's friend **Gregory**- needs a home to get out of the cold
- **Clorine McNeish-Weir** - had surgery on January 31. Prayer her recovery
- **Sis. Dionne Mitchell** – had eye surgery on February 7 and recuperating
- Other Health Issues: **Pastor Reid**, **Sis. Maria De Lima**, **Elder Ainsworth Hinds**
- For conversion: Sis. Tammy's husband **David Stupecka**, grocery cashier **Monica** in Thunder Bay, **George Hinds**



- Sis. Tammy's father who fell and badly hurt himself, but is recovering well
- Sis. Tammy's friend **Nick**, who is angry with God for allowing his brother to die.
- **Sis Janette's** cousin, **Sheila Johnson** - on dialysis
- Sis Monica Seetram's brother **Clarence Webster Jr.** and her sister **Laura**
- Sis. Roxie Richardson's brother, **Andrew.** (lung cancer, smoking addiction)
- Elder Ainsworth's aunt **Gwen Lions** who is still sick, and also **her oldest son passed away recently.**
- **Sis. Annette Tulloch** – feeling spiritual and physical weakness
- **Brian Joseph** - smoking problem, anxiety
- **Sis. Carolyn Hinds** and her sister **Charlene**
- Spiritual strength: The new members **Shantelle and Jayda Hinds, Sis. Mayerling Rivera, Bro. Horace Downer** and his wife **Annette**
- God's Protection: Sis. Newell's nephew **Kirk, Elder Yvonne Edwards and family**
- Sis. Earlyn's sons **Ian and Jeremiah**
- **Kay Findleter:** Pray for her to remain steadfast in her decision for Christ and for baptism.



Reach out and touch the Lord  
 As He passes by  
 You'll find He's not too busy  
 To answer your cry  
 He's passing by this moment  
 Your needs to supply  
 Reach out and touch the Lord  
 As He passes by

# Health Corner



## Daily Exercise

The "D" in GOD'S PLAN stands for Daily exercise. Even though it has been cold, we hope you have been getting some fresh, open air. When it comes to daily exercise, it is advised that we do so outdoors wherever possible. We should aim to include physical activity daily in order to gain the maximum benefits.

"Inactivity weakens the system. God made men and women to be active and useful. Nothing can increase the strength of the young like proper exercise of all the muscles in useful labor." **The Health Reformer, February 1, 1871, par. 6.**

"Exercise helps strengthen the immune system by increasing the infection-fighting white blood cells. It also speeds up metabolism, which assists nature to get rid of unwanted waste, which relieves the burden on the immune system to deal with it."

**Meetministry.org**

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." **Isaiah 40:31.**

# ANNOUNCEMENTS FROM ACROSS ONTARIO CONFERENCE

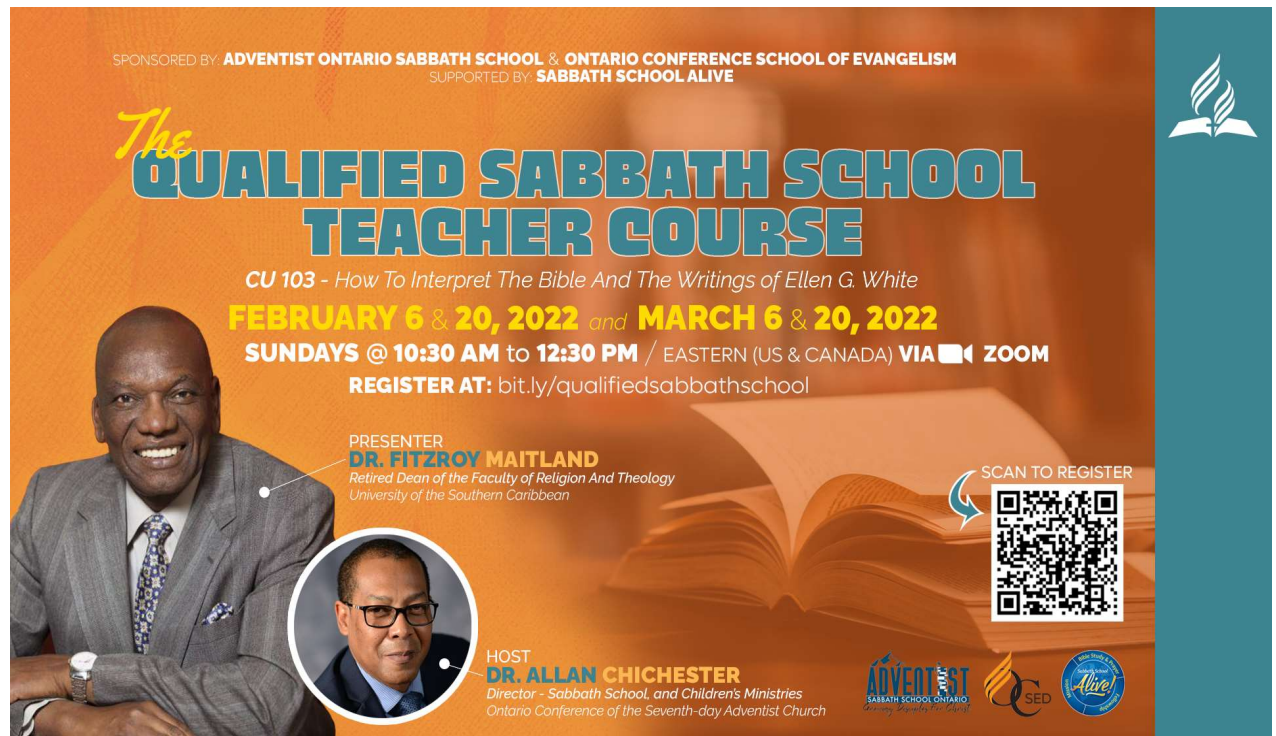


Seventh-day Adventist Church  
ONTARIO CONFERENCE

## Mission & Leadership Summit

To help churches understand mission, spiritual gifts and transformative leadership tools.  
To foster a culture that mentors, motivates and equips effective, Christ-centred leaders.

@AdventistOntario   f   i   y   zOOM   |   March 4-5, 2022   |   Friday 6:30-8:30 pm   |   Sabbath 4:00-7:00 pm



SPONSORED BY: ADVENTIST ONTARIO SABBATH SCHOOL & ONTARIO CONFERENCE SCHOOL OF EVANGELISM  
SUPPORTED BY: SABBATH SCHOOL ALIVE

## The QUALIFIED SABBATH SCHOOL TEACHER COURSE

CU 103 - How To Interpret The Bible And The Writings of Ellen G. White





**FEBRUARY 6 & 20, 2022 and MARCH 6 & 20, 2022**  
SUNDAYS @ 10:30 AM to 12:30 PM / EASTERN (US & CANADA) VIA ZOOM

REGISTER AT: [bit.ly/qualifiedsabbathschool](https://bit.ly/qualifiedsabbathschool)

PRESENTER  
**DR. FITZROY MAITLAND**  
Retired Dean of the Faculty of Religion And Theology  
University of the Southern Caribbean

HOST  
**DR. ALLAN CHICHESTER**  
Director - Sabbath School, and Children's Ministries  
Ontario Conference of the Seventh-day Adventist Church

SCAN TO REGISTER



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## **Zoom Links for Mission and Leadership Summit**

**Both days—Friday, 6:30-8:30 pm | Sabbath, 4-7 pm**

**Main program (senior phone line & ASL)**

<https://zoom.us/j/99377328856?pwd=SDh5UVJhS3Y0dEd4Skk1MDBlQ0F4QT09>

Meeting ID: 993 7732 8856

Passcode: 956108

**Main program (Spanish & French)**

<https://us02web.zoom.us/j/88116335718?pwd=ODdiREJlQkxwOEIvb0EyMU95V29XUT09>

Meeting ID: 881 1633 5718

Passcode: 160987

**Friday only:**

**Prayer café (after 8:30 pm)**

<https://zoom.us/j/96590241263?pwd=MTZjMVg5UzhOMzRVZ0ZCMnljMWNQdz09>

Meeting ID: 965 90:24 1263

Passcode: 831652

**Sabbath only:**

**Concurrent programs, 5:30-6:20 pm**

**Leadership & the Great Commission, Pr. Esther Knott**

<https://zoom.us/j/98614426272?pwd=YWUvc0NXQXhpYldzVlVXdDhTOVlXdz09>

Meeting ID: 986 1442 6272

Passcode: 177806

**Indigenous Peoples, Mission & Diversity, Dr. Lloyd Douglas**

<https://zoom.us/j/97905654733?pwd=VjBqUU1kRDZSQm1FZ2VQMDhzYXpSdz09>

Meeting ID: 979 0565 4733

Passcode: 054943

**Social Justice and the Spiritual leader as a Change Agent, Prs. Orlando Pule & Frankie Lazarus**

<https://zoom.us/j/96017902191?pwd=TWw3UFNJV0xubXNNdUZtR0pqbTdwZz09>

Meeting ID: 960 1790 2191

Passcode: 213689

**How to Develop Resilience as a Leader, Dr. Angeline David Brauer**

<https://us02web.zoom.us/j/82805594462?pwd=emx5ZDg4YjczWUVJZERGSFJNMVdhZz09>

Meeting ID: 828 0559 4462

Passcode: 03052022

**Immigration/Refugee Ministry, Maria Fe Aguinaldo**

<https://zoom.us/j/92531917039?pwd=b1VIUmJPNDdHbzFpZm5DRmVHc0JQZz09>

Meeting ID: 925 3191 7039

Passcode: 260165

## Pray for Ukraine

### *An Appeal by Mark Johnson, President of the Seventh-day Adventist Church in Canada*



We are all shocked and saddened by the events taking place in the Ukraine. The loss of life, shelter and sustenance is very appalling.

We ask all to consider meaningful ways to aid those experiencing these devastating events. Please join me in prayer for their well-being.

--

Evaldo Vicente  
Communication Director, Messenger Editor  
Seventh-day Adventist Church in Canada



Hi Friends,

This week, we received a message signed, “With love and hope in the Lord. Your brothers and sisters from Ukraine.”

They wrote: “We appeal to you at this dark time for us, when clouds black from explosions cover the sun over our capital. With tears in our eyes, we ask you to spend time in fasting and prayer to God.”

Let us share with you what we did and how you can be filled with hope, faith, and good cheer in the midst of a world dark with the storm clouds of human hatred and satanic wrath.

Click here to see the video: [From Your Brothers and Sisters in Ukraine](#)



Blessings to you and your family,  
Mike and René Lemon

**Reminder:**

All departments are encouraged to share plans and upcoming events as well as report on past activities, by sending an **email to** [mountgileadbulletin@gmail.com](mailto:mountgileadbulletin@gmail.com), which we will then upload to the Bulletin or Newsletter. We welcome your news reports, poems, inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries etc.

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