

# Mount Gilead Seventh-day Adventist Church

## Newsletter 25 June 17, 2022



“Hear, my **son**, and **receive my sayings**, And the **years of your life will be many.**”  
Proverbs 4:10 (NKJV)



Madgelyn Thompson - 3<sup>rd</sup>

Evanilde Bekkout - 18<sup>th</sup>

Breanna Repluk - 19<sup>th</sup>

Julie-Ann Newell - 25<sup>th</sup>

Cody Montaque - 25<sup>th</sup>

Monique Francois - 25<sup>th</sup>

Desiree Holder- June 26<sup>th</sup>

Isabelle Stupecka - 27<sup>th</sup>

## EVENTS FOR SABBATH, June 18, 2022

**Prayer Session and Sabbath School via Zoom**

**Midday Service on Zoom and You Tube**

<https://www.youtube.com/channel/UCD4nq7h1jwXAsxDCWS5cow>

- **Prayer Session: 9:30 a.m.**
- **Sabbath School: 10:00 a.m.**
- **Midday Service: 11:20 a.m.**

<https://zoom.us/j/7244241984?pwd=bjF1MU1BMDdheElqb3AzUjBGcGxmUT09>

**or phone 647-558-0588**

(tell those without computer)

**Meeting ID: 724 424 1984**

**Passcode: 7525333**

**Children Ministry Zoom Meeting**

<https://us02web.zoom.us/j/87960419155>

**Meeting ID: 811 1706 1582**

**Passcode: 714816**

## Sabbath Service for June 18, 2022

### PRAYER SESSION 9:30 a.m.

Welcome/Opening Prayer..... Sis. Monica Seetram  
Opening Song..... Congregation/Chorister  
**“O Jesus, I Have Promised”** (331)  
Testimonies  
Devotional Reading. .... Review and Herald  
**“Six More Reasons”** - (Morning Risers for Juniors p. 31)  
Prayer  
Closing Hymn. .... Congregation/Chorister  
**“Under His Wings”** (529)

### SABBATH SCHOOL 10:00 a.m.

Superintendent/ Welcome..... Bro. Malik Lewis  
Opening Song ..... Choristers/Congregation  
**“Power in the Blood”** (294)  
Opening Prayer ..... Sis. Jennifer Holligan  
Mission Story ..... Sis. Azaina Harrison  
**Lesson Review** ..... Sis. Janette Johnson  
Closing Remarks..... Bro. Malik Lewis  
Closing Song..... Choristers/Congregation  
**“Draw Me Nearer”** (306)  
Closing Prayer..... Bro. Malik Lewis

### THE MIDDAY WORSHIP SERVICE 11:20 a.m.

Welcome/ Pastor’s Notes..... Elder/Dr. Anthony Reid  
Call to Worship..... Elder Oscar Nunez  
Introit..... Pianist/Chorister  
**“We Have Come into His House”**  
Invocation. .... Elder Kevin Benta  
Opening Song..... Congregation/Chorister  
**“Under His Wings”** (529)  
Prayer Appeal/Chorus..... Pastor/Praise Team  
**“God is Here”**  
Intercessory Prayer..... Bro. Edmond Francois  
Children Story..... (Aunt Fernita- video)  
**“God Wins”** (story of David & Goliath)  
Offering..... Dr. Anthony Reid  
Congregational Scripture ..... Bro. Debebe Lejalem  
**“Mark 8:1-3”** (NKJV)  
Introduction of Speaker..... Elder Oscar Nunez  
Praise and Worship (100, 185) ..... Praise Team  
Meditation..... Bro. Dale Alleyne  
**Sermon** ..... Elder Kevin Benta  
**“SAFETY WITH THE SAVIOUR”**  
Consecration Song ..... Congregation/Chorister  
**“Leaning on the Everlasting Arms”** (469)  
Benediction ..... Elder Kevin Benta  
Blessing ..... Pianist/Chorister  
**“Till We Meet Again** (Kirk Franklin)”

# Upcoming Events for Mount Gilead Church

**Vision Statement:** To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His Second Coming.

**Mission Statement:** To reach people within Toronto and its environs with the Everlasting Gospel of hope and wholeness.

All members are encouraged to memorize these and endeavour to make them a reality.

**Theme for the year 2022:** “Ready, Renew, Reclaim, Reconcile”

Scripture Passage, 2022: **Isaiah 6:8**

**Second Quarter: Renew**

The church will focus on Ministries rather than Departments.

**ONLINE PRAYER & FASTING WEDNESDAYS**  
JUNE 1, 8, 15, 22, 29, 2022 5:30 AM, 7 PM

Zoom ID: 7244241984 PW: 7525333 Phone: 647 558 0588 YouTube: Mount Gilead SDA Church Toronto

**IN-PERSON MEN'S EMPHASIS MONTH**  
JUNE 4, 11, 18, 25, 2022 11:20 AM

700 Kennedy Road, Scarborough

Luke 18:7

## Schedule for June Fasting and Prayer – final two weeks

**June 22-** Wednesday Morning: Sis. Monica Seetram

**June 22-** Wednesday Evening: Sis. Roxie Richardson

**June 29-** Wednesday Morning: Sis. Wanda Miles

**June 29-** Wednesday Evening: Sis. Earlyn Douglas

- **Fasting and Prayer for all Wednesdays in June**

You are invited to be a part of our united prayer month as Mount Gilead petitions the Throne of Grace through Fasting and Prayer. If there was ever a time when the body of Christ needs to come together through agonizing prayer, it is now. Heaven is waiting to shower many blessings which God has in store for His faithful people.

Visitors from around the world are welcome also.

**Theme Song: “In the Presence of Jehovah”** by the Martins (video)

<https://www.youtube.com/watch?v=KNOjEeZsxXg>

**Each Wednesday morning in the month of June**, we will gather together from **5:30 to 6:30 a.m.** and in the evening from **7:00 pm to 8:00 p.m.**

You can also join the Prayer Session at **12:00 noon** with Pastor Reid.

**Please be on zoom on time.**

- **3rd Quarter Master Schedule information needed**

Please email the information for the 3<sup>rd</sup> Quarter Master Schedule to Elder Ainsworth Hinds at [ainzee3@icloud.com](mailto:ainzee3@icloud.com) as soon as possible.

- **Board Meeting: Monday, June 20 at 7:30 p.m.**

- **Health Ministry Presentation: June 24 at 7:00 p.m.**

**Topic- “Addictions”      Speaker – Pastor Daniel Saugh**

MOUNT GILEAD  
HEALTH MINISTRIES

# ADDICTIONS

**PASTOR DANIEL SAUGH**  
PSYCHOTHERAPIST

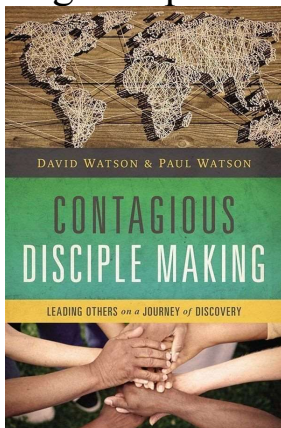
FRIDAY  
JUNE 24

TIME  
7:00 PM

**JOIN US ON ZOOM**

ID: 7244241984  
PW: 7525333  
647-558-0588

- **Health Ministry Presentation:** July 22 at 7:00 p.m.  
Topic- “Lifestyle”  
Speaker – Anabelle Hall
- **Financial Health Series:** August 12, 17, 26 at 7:00 p.m.  
Presenter – Bro. Levardo Thompson
- **Community Witnessing:** Coming up in July and August  
Meet and greet activities at the church gate and beyond  
More information to follow.
- The **Adopt a Member/Person of Interest Initiative** has the goal to develop missional and disciple-making skills among members and their friends.  
If you want to be paired with a prayer partner,  
please contact Sister Eva Bekkout at 416-697-3736 / [evabekkout@gmail.com](mailto:evabekkout@gmail.com)  
or Elder Yvonne Edwards at 416-219-6451 / [vonnemax@gmail.com](mailto:vonnemax@gmail.com).
- **Contagious Disciple Making:** 1<sup>st</sup> Sabbath of each month during Sabbath School.  
This is a **Personal Witnessing Training** in which we will learn how to become a **contagious disciple-maker**. There are easy and practical steps that should give joy in making disciples for the Kingdom of God.



**All are welcome!**

### Prayer Time

**Sundays at 5:00 p.m.** to pray for non-Adventist family members and friends with whom we want to share the Gospel and see them being baptized and prepared for the Kingdom of God. **All are welcome!**



## **Tuesday Bible Study/ Baptismal Class**

Pastor Reid is conducting a Bible Class on **Tuesdays at 6:00 p.m.**

Primarily for non-members, so invite your friends to join the study class.

You may attend if you wish to accompany your visitors.

## **Membership List Update**

Members of Mount Gilead Church who have changed their address and phone number are asked to send the updates to Elder Melrose Cooley at [nineteen4ever@msn.com](mailto:nineteen4ever@msn.com) to update the records.

## **Mount Gilead Seventh-day Adventist Church - New Location**

**Grace Anglican Church**

**700 Kennedy Road, Scarborough, M1K 2B5**

(a little south of Eglinton Avenue East)

**Live streaming of the Midday Service to YouTube from that location.**

**Everyone can attend at this time, but registration is still needed on the Mount Gilead website.**

<https://mountgileadadventist.org/> or [www.mountgileadadventist.org](http://www.mountgileadadventist.org)

**YouTube Channel: Mount Gilead SDA Scarborough**

<https://www.youtube.com/channel/UCD4nq7h1jwXAsxoDCWS5cow>

For Services, Sermons & Special Music

**Please visit, Like and Subscribe**

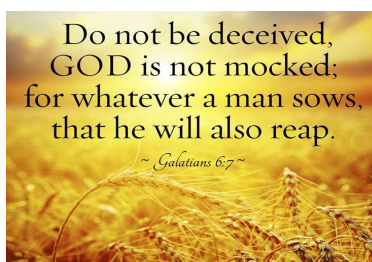
**Mount Gilead's Official Email Address and Phone Number:**

[mtgilead@adventistontario.org](mailto:mtgilead@adventistontario.org)

**416-752-5333**

**Mount Gilead SDA Facebook Page**

<https://www.facebook.com/Mount-Gilead-SDA-104231751344124/>



# FUEL THE MISSION

## WORSHIP THROUGH GIVING

3

WAYS  
TO  
GIVE

Mail your cheque to  
37 Eglinton Square  
Scarborough Ontario M1L4T2  
PO Box 51028

Online Giving  
[www.mountgileadadventist.org](http://www.mountgileadadventist.org)  
Click on the online giving link

In person  
or call 4167525333 for pickup

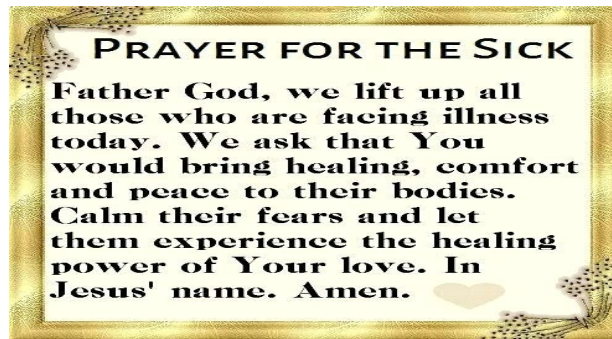


**We pray for and  
support Ukraine**

**Contribute Financially Here:**

**[www.mountgileadadventist.org](http://www.mountgileadadventist.org)**

**Click on online giving and then on Ukraine**



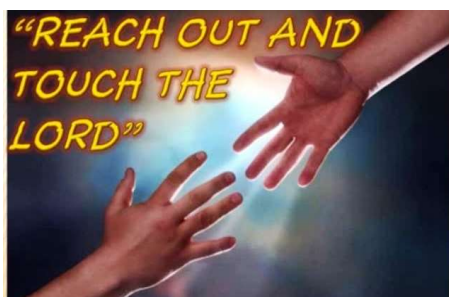
## We welcome your testimonies of answered prayers

Prayers of Thanksgiving to God and Mount Gilead Members for their prayers

### Updated Prayer List

#### New and continuous prayers for the following:

- Members with health and other issues: **Dionne Mitchell, Ainsworth Hinds, Flo Brown, Maria De Lima** needs a job, **Suthlyn Pinnock** and her daughter **Janice, Madge Thompson, Remaline Shakes, Amanda Reid, Dionne Mitchell, Roslyn Connaught, Clorine McNeish-Weir, Rudolph and Myrna Lewis, Carolyn Hinds, Ena Jones, Melrose Cooley, Melviner Hinds and Darren Hibberd**
- Family and friends: **Janelle Morris** to come to Christ, Sis. Newell's niece **Aisha** and other family members, Maria's friend **Isaiah** to come to Christ. **Meloney Walter's mother** who is ill, Linda Vitulli's new friend **Joan**, Janette's new friend **Carol**, Monica's co-worker **Sharon** who asked for prayer, Janette's friends and family, niece **Victoria** and **cousin Jules Hinds, Shirley** (has cancer), **Fred, Mathias, Melissa, Peter** (in Rehab with broken hip), **Miss Jordon** who has a stroke, **Sis. Maureen's family members** with dementia, **Theresa** (bed-ridden elderly woman), Roxie's friend **Ratty** with drinking problem, Maria's relatives **the Charles and Daniel Family**, Eva's brother **Joel, Melrose's friends** who lost family members recently, **Dr. John, Pastor Oleg**, Sis. Newell's friend **Mr. Moulton** in Jamaica, Roxie Richardson's brother **Andrew**, Monica's bother **Clarence Webster Jr.** Dionne's friend **Sadie, Lori Davis**, Tammy's husband **David Stupecka** and her friends **Pamela and Monica**, Oscar's friend **Giovany, Brian Joseph, Maureen Yearwood**, Monica's office manager **Michelle**, Ainsworth's aunt **Gwen Lions** and his father **George Hinds**, Earlyn's sons **Ian and Jeremiah**, Yvonne's sons **Terence and Oshane**, Linda Phillip's friend **Gregory**, Julie-Ann Newell's nephew **Kirk, Kay Findleter**, Horace Downer's wife **Annette**, Ainsworth's in-laws **the Davis family**
- Missionary endeavours and Bible study groups
- The **youth and men** of Mount Gilead to return to in-person service. **Stronger faith** for all members.
- **Mount Gilead Church** in-person worship services and **the new technology**.
- **The War in Ukraine/** the People of Ukraine and Russia
- **Christians and other groups facing discrimination worldwide**
- **People facing natural disasters worldwide**



Reach out and touch the Lord  
As He passes by  
You'll find He's not too busy  
To answer your cry  
He's passing by this moment  
Your needs to supply  
Reach out and touch the Lord  
As He passes by



## HEALTH CORNER



### Lots of Water continued

"If the body has not received a sufficient water supply, then it thickens the blood, producing sluggish circulation and an increase in toxic build up, which leads to an overburdened immune system. All cells are dependent upon water to survive and as a medium of transport as well as oxygen supply."

- [meetministry.org](http://meetministry.org)

### *Internal Use of Water*

The average percentage of water in the human body is about 60%, however it can range from roughly 45-75%. Because the body is made up of mostly water, it is imperative that we drink enough for optimal function. You may have heard that we need 8 glasses of water a day, but we are all different sizes and have varying activity levels. To determine your recommended daily water intake, use the following formula:

1. Your weight  $\div$  2 = x
2. Then  $x \div 8$  = the number of 8 oz glasses of water you should drink daily.

Drink more water if you are very active and you sweat a lot. This will help your endurance.

Have you calculated how much water you should be drinking yet?



## ANNOUNCEMENTS FROM ACROSS ONTARIO CONFERENCE

### Camp Frenda: Medical Coverage

Calling all nurses, doctors or paramedics – come volunteer for a week at camp! Food and lodging are supplied, and your child(ren) could enjoy some time at camp.



Please email [office@campfrenda.com](mailto:office@campfrenda.com) or call 905.571.4211 for more information. We currently need medical coverage for July 3-9, July 10-16, and July 24-30.

ONTARIO CONFERENCE OF THE SEVENTH-DAY ADVENTIST CHURCH

  **BIBLE INSTRUCTOR TRAINING**

COURSE #3

# The Art of Obtaining Decisions

 **JUNE 5, 12 & 26**  **10:30 AM to 12:30 PM** **zoom**

 **HOST**  
**DR. REYNOLD HAZELWOOD**  
*Director - Personal Ministries, Prison Ministry,  
School of Evangelism & Discipleship,  
Bibleinfo.com, and  
Coordinator, Adventist Muslim Relations*

 **PRESENTER**  
**DR. FITZROY MAITLAND**  
*Retired Dean, Faculty of Religion and Theology  
University of the Southern Caribbean*

SPONSORED BY: **PERSONAL MINISTRIES DEPARTMENT** and  
**ONTARIO CONFERENCE SCHOOL OF EVANGELISM & DISCIPLESHIP**

**FREE REGISTRATION** - <http://bit.ly/obtainingdecisions>

## ACF Graduation Celebration

Calling all College & University Graduates!! It's graduation season and ACF Ontario wants to celebrate all students who have achieved this great feat! If you are a student who has graduated since September 2021, or will graduate before September 2022, then you qualify for this province-wide celebration! Sign-up for this virtual ceremony at [www.acfontario.ca](http://www.acfontario.ca). Each graduate that is registered will also receive a special gift in the mail to congratulate and recognize their graduation.

The poster features a dark blue background with a large, stylized white and gold ribbon graphic. Several black graduation caps with gold bands and tassels are scattered around. A gold star is also visible. The ACF Ontario logo, which includes a flame and the text 'Adventist Christian Fellowship', is positioned on the left side of the ribbon. The main text is centered on the right side of the ribbon.

ACF ONTARIO PRESENTS

*Class of 2022*

**GRADUATION**  
C E L E B R A T I O N

**HOW DOES IT WORK?**

- BE GRADUATING FROM A PUBLIC CAMPUS IN ONTARIO
  - REGISTER YOURSELF OR A FRIEND BY JUNE 12
    - GET A FREE GIFT IN THE MAIL
- BE PUBLICLY RECOGNIZED IN A PROVINCE-WIDE CEREMONY

**CEREMONY: JUNE 26, 2022**

REGISTER BY JUNE 12 AT [WWW.ACFONTARIO.CA](http://WWW.ACFONTARIO.CA)



# TRACK IS BACK

## CYSA ANNUAL TRACK & FIELD MEET

**\*\*JULY 24, 2022\*\***

PLEASE NOTE THE CHANGE IN DATE

**CHURCHES & TEAMS RSVP BY:**

**APRIL 25, 2022**

### LOCATION:

Toronto Track and Field  
Centre -York University

231 Ian MacDonald Blvd,  
North York, ON M7A 2C5

CONTACT : (416) 900-7803

EMAIL: TRACKANDFIELD@CYSA.CA

### Reminder:

All Mount Gilead Ministries are encouraged to share plans and upcoming events as well as report on past activities, by sending an **email to [mountgileadbulletin@gmail.com](mailto:mountgileadbulletin@gmail.com)**, which we will then upload to the Bulletin or Newsletter. We welcome your news reports, poems, inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries etc.

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