

# Mount Gilead Seventh-day Adventist Church

## Newsletter 28 July 8, 2022



“For God has not given us a spirit of fear, but of **power** and of **love** and of a **sound mind.**”  
2 Timothy 1:7 (NKJV)



### *July Birthdays*

Wanda Miles - 2<sup>nd</sup>  
Junior Ebagua - 6<sup>th</sup>  
Marlan Kouame - 7<sup>th</sup>  
Azaina Harrison - 9<sup>th</sup>  
Mauti Jones - 12<sup>th</sup>  
Dionne Mitchell - 14<sup>th</sup>  
Japhet Momanyi - 17<sup>th</sup>  
Daniel Yu - 18<sup>th</sup>  
Rolda Charles - 19<sup>th</sup>  
Ena Jones - 26<sup>th</sup>  
Malachi Holness - 28<sup>th</sup>  
Diana Singh - 30<sup>th</sup>  
Sharon Fraser - 31<sup>st</sup>

### **Anniversaries**

Osbourne & Paulette Burnett - 23<sup>rd</sup>  
David & Tammy Stupecka - 26<sup>th</sup>

### EVENTS FOR SABBATH, July 9, 2022

- **Prayer Session: 9:30 a.m.** (on Zoom)
- **Sabbath School: 10:00 a.m.** (in-person & on Zoom)
- **Midday Service: 11:20 a.m.** (in-person, You-Tube & Zoom)

### **Zoom Meeting information**

<https://zoom.us/j/7244241984?pwd=bjF1MU1BMDdheElqb3AzUjBGcGxmUT09>  
or phone **647-558-0588**

(tell those without computer)

**Meeting ID:** 724 424 1984

**Passcode:** 7525333

### **Children Ministry Zoom Meeting**

<https://us02web.zoom.us/j/87960419155>

**Meeting ID:** 811 1706 1582

**Passcode:** 714816

### **You Tube link**

<https://www.youtube.com/channel/UCD4nq7h1jwXAsxoDCWS5cow>

## Sabbath Service for July 9, 2022

### PRAYER SESSION 9:30 a.m.

Welcome/Opening Prayer..... Sis. Monica Seetram  
Opening Song..... Congregation/Chorister  
    **“Jesus, I Come”** (292)  
Testimonies  
Devotional Reading. .... by Rob and Joanna Leigen  
    **“Never Forgotten”**  
Prayer  
Closing Hymn. .... Congregation/Chorister  
    **“O Jesus, I Have Promised”** (331)

### SABBATH SCHOOL 10:00 a.m.

Superintendent/ Welcome..... Sis. Helen Redman  
Opening Song ..... Congregation/Choristers  
    **“Day by Day”** (532)  
Opening Prayer ..... Sis. Linda Vitulli  
Mission Story ..... Testimonies  
**Lesson Review** ..... Sis. Janette Johnson  
Closing Remarks..... Sis. Helen Redman  
Closing Song..... Congregation/Choristers  
    **“Be Still, My Soul”** (461)  
Closing Prayer..... Sis. Helen Redman

### THE MIDDAY WORSHIP SERVICE 11:20 a.m.

Welcome/ Announcements ..... Elder Melrose Cooley  
Call to Worship..... Elder Melrose Cooley  
Introit..... Pianist/Chorister  
    **“We Have Come into His House”**  
Invocation. .... Elder Howard Shaw  
Opening Song..... Congregation/Chorister  
    **“Praise Ye the Father”** (70)  
Prayer Appeal/Chorus..... Praise Team  
    **“God is Here”**  
Intercessory Prayer..... Sis. Earlyn Douglas  
Children Story..... (video)  
    **“God’s Special Gift”**  
Offering..... Elder Melrose Cooley  
Congregational Scripture ..... Bro. Junior Ebagua  
    **“John 11:38-44”** (NKJV)  
Introduction of Speaker..... Elder Melrose Cooley  
Praise and Worship (523, Love Lifted Me) ..... Praise Team  
Meditation..... Sis. Charlene Hinds  
**Sermon** ..... Elder Howard Shaw  
    **“ROLL AWAY THE STONE”**  
Consecration Song ..... Congregation/Chorister  
    **“I Know Whom I Have Believed”** (511)  
Benediction ..... Elder Howard Shaw  
Blessing ..... Pianist/Chorister  
    **“Till We Meet Again”**

# Upcoming Events for Mount Gilead Church

**Vision Statement:** To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His Second Coming.

**Mission Statement:** To reach people within Toronto and its environs with the Everlasting Gospel of hope and wholeness.

All members are encouraged to memorize these and endeavour to make them a reality.

**Theme for the year 2022:** “Ready, Renew, Reclaim, Reconcile”

Scripture Passage, 2022: **Isaiah 6:8**

**Second Quarter: Renew**

**Third Quarter: Reclaim** (emphasis on Evangelism)

The church will focus on Ministries rather than Departments.

- **Community Connect: July 23**

Meet and greet activities at the church gate and beyond

## Community Connect

### SHARING JESUS ON THE STREET SABBATHS

Summer - Two Saturdays Monthly

July 2 & 23

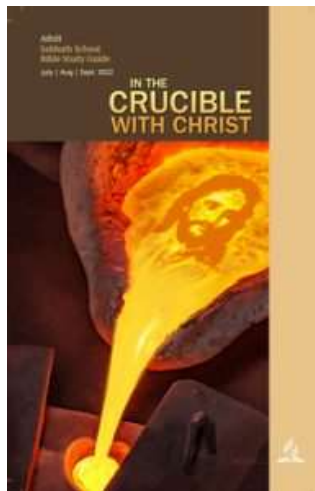
August 6 & 20

September 3 & 17

**ALL INVITED!**



- **Health Ministry Presentation: July 22 at 7:00 p.m.**  
Topic- “Lifestyle Changes to Reverse Diabetes”  
Speaker – Anabelle Hall
- **Track and Field:**  
We are asking all who are interested in Track and Field for 2022, please contact Ainsworth Hinds at 416-458-4017  
The Track and Field event will be held on July 24 at York University.  
**See flyer under “Announcements from Across Ontario Conference”**
- **Communion Service: July 30**
- **Financial Health Series: August 12, 19, 26 at 7:00 p.m.**  
Presenter – Bro. Levarado Thompson
- **Sabbath School 3<sup>rd</sup> Quarterly Lessons**  
Those who haven't gotten the printed quarterly as yet, and would like to have one, please contact Sis. Eva Bekkout by [evabekkout@gmail.com](mailto:evabekkout@gmail.com) or 416-697-3736 as soon as possible to order.



- **Personal Witnessing Training: 1<sup>st</sup> Sabbath of each month at 10:00 a.m.** We will continue to learn practical and simple steps to make disciples for the kingdom of God.  
**You are all invited!**



**Attention:** Sabbath School worship is now in person at the church @ 10:00 a.m.

There you will:

- Study God's Word
- Find fellowship and nurture
- Develop community outreach
- Support world missions

**Don't lose this great opportunity to grow and serve!**

**Men's Ministry Weekend: September 9-11**

There will be an Ontario Conference Men's Ministry Weekend at Camp Frenda from **September 9-11**

The cost is **\$120 per person**. Book early as first come first serve.

To get more information, contact Gillian Pitt at 905-571-1022 ext. 219

**Prayer Time**

**Sundays at 5:00 p.m.** to pray for non-Adventist family members and friends with whom we want to share the Gospel and see them being baptized and prepared for the Kingdom of God. **All are welcome!**

**Tuesday Bible Study/ Baptismal Class**

Pastor Reid is conducting a Bible Class on **Tuesdays at 6:00 p.m.**

Primarily for non-members, so invite your friends to join the study class.

You may attend if you wish to accompany your visitors.

## **Membership List Update**

Members of Mount Gilead Church who have changed their address and phone number are asked to send the updates to Elder Melrose Cooley at [nineteen4ever@msn.com](mailto:nineteen4ever@msn.com) to update the records.

## **Mount Gilead Seventh-day Adventist Church - New Location**

### **Grace Anglican Church**

**700 Kennedy Road, Scarborough, M1K 2B5**

(a little south of Eglinton Avenue East)

**Live streaming of the Midday Service to YouTube from that location.**

**Everyone can attend at this time, but registration is still needed on the Mount Gilead website.**

<https://mountgileadadventist.org/> or [www.mountgileadadventist.org](http://www.mountgileadadventist.org)

### **YouTube Channel: Mount Gilead SDA Scarborough**

<https://www.youtube.com/channel/UCD4nq7h1jwXAsxoDCWS5cow>

For Services, Sermons & Special Music

**Please visit, Like and Subscribe**

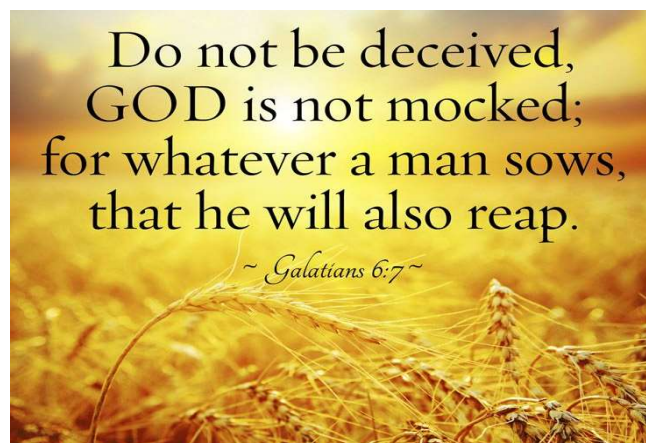
### **Mount Gilead's Official Email Address and Phone Number:**

**[mtgilead@adventistontario.org](mailto:mtgilead@adventistontario.org)**

**416-752-5333**

### **Mount Gilead SDA Facebook Page**

<https://www.facebook.com/Mount-Gilead-SDA-104231751344124/>





# FUEL THE MISSION

## WORSHIP THROUGH GIVING

3

WAYS  
TO  
GIVE

Mail your cheque to  
37 Eglinton Square  
Scarborough Ontario M1L4T2  
PO Box 51028

Online Giving  
[www.mountgileadadventist.org](http://www.mountgileadadventist.org)  
Click on the online giving link

In person  
or call 4167525333 for pickup

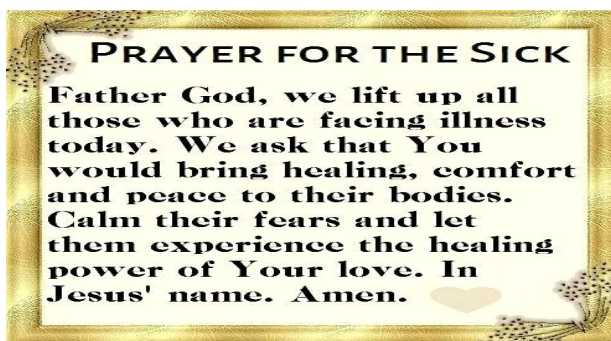


**We pray for and  
support Ukraine**

**Contribute Financially Here:**

**[www.mountgileadadventist.org](http://www.mountgileadadventist.org)**

**Click on online giving and then on Ukraine**



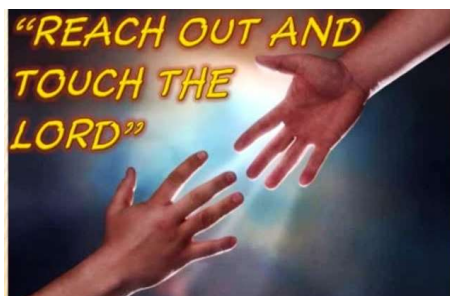
## We welcome your testimonies of answered prayers

Prayers of Thanksgiving to God and Mount Gilead Members for their prayers

Discharged from Hospital: **Sis. Natalie Kelly** has been discharged and is now at home. Please continue to pray for her well-being.

### New and continuous prayers for the following:

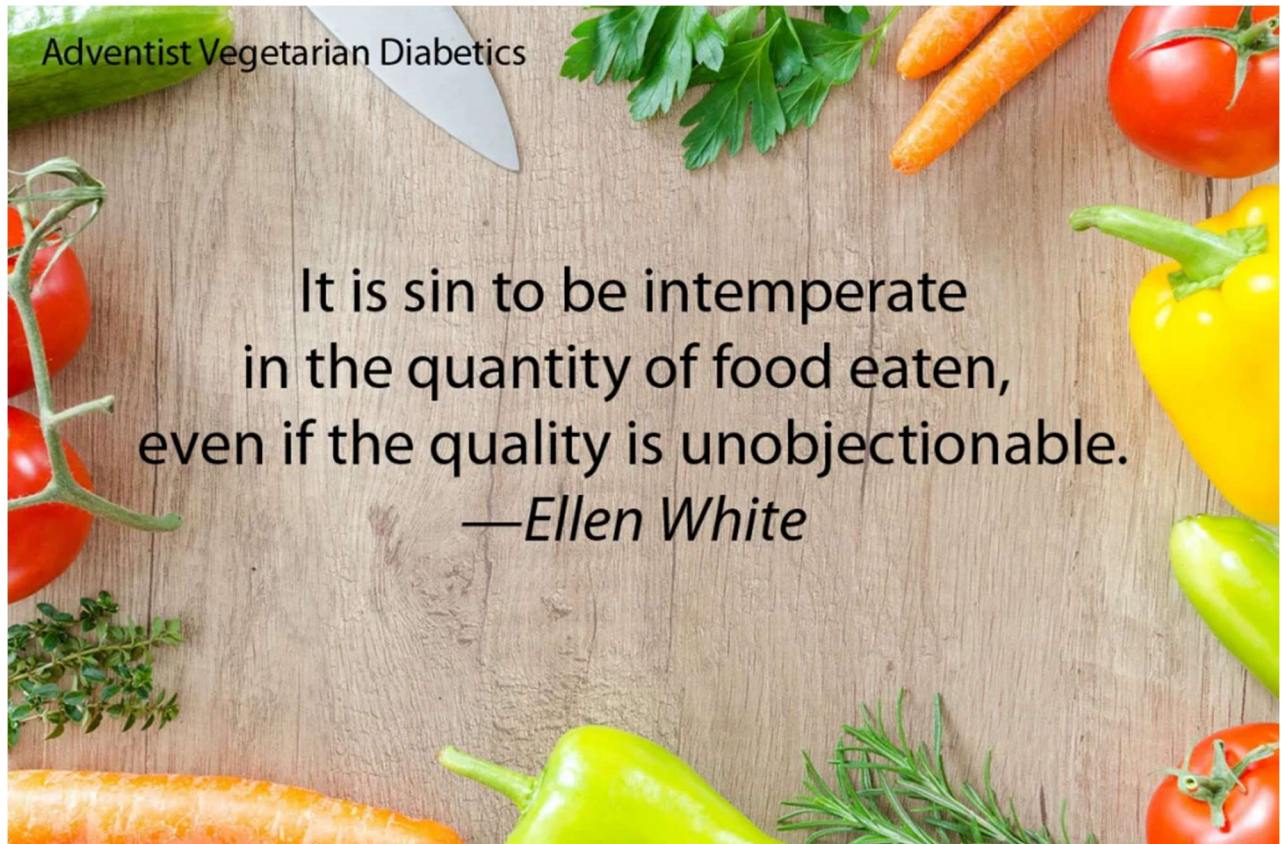
- Members with health and other issues: **Sharon Fraser** who had an operation recently, **Reeba** for safe delivery in July, **Dionne Mitchell**, **Ainsworth Hinds**, **Flo Brown**, **Maria De Lima** needs a job, **Suthlyn Pinnock** and her daughter **Janice**, **Madge Thompson**, **Remaline Shakes**, **Amanda Reid**, **Roslyn Connaught**, **Clorine McNeish-Weir**, **Rudolph** and **Myrna Lewis**, **Carolyn Hinds**, **Ena Jones**, **Melrose Cooley**, **Melviner Hinds** and **Darren Hibberd**
- Family and friends: **Sis. Linda Vitulli's** friend **Julia** who is blind and her caregiver **Sue** who is sick in hospital with heart problems. **Janelle Morris** to come to Christ, **Sis. Newell's** niece **Aisha** and other family members, **Maria's** friend **Isaiah** to come to Christ. **Meloney Walter's** mother who is ill, **Linda Vitulli's** new friend **Joan**, **Janette's** new friend **Carol**, **Monica's** co-worker **Sharon** who asked for prayer, **Janette's** friends and family, niece **Victoria** and cousin **Jules Hinds**, **Shirley** (has cancer), **Fred**, **Mathias**, **Melissa**, **Peter** (in Rehab with broken hip), **Miss Jordon** who has a stroke, **Sis. Maureen's** family members with dementia, **Theresa** (bed-ridden elderly woman), **Roxie's** friend **Ratty** with drinking problem, **Maria's** relatives **the Charles and Daniel Family**, **Eva's** brother **Joel**, **Melrose's** friends who lost family members recently, **Dr. John**, **Pastor Oleg**, **Sis. Newell's** friend **Mr. Moulton** in Jamaica, **Roxie's** brother **Andrew**, **Monica's** brother **Clarence Webster Jr.** **Dionne's** friend **Sadie**, **Lori Davis**, **Tammy's** husband **David Stupecka** and her friends **Pamela** and **Monica**, **Oscar's** friend **Giovany**, **Brian Joseph**, **Maureen Yearwood**, **Monica's** office manager **Michelle**, **Ainsworth's** aunt **Gwen Lions** and his father **George Hinds**, **Earlyn's** sons **Ian** and **Jeremiah**, **Yvonne's** sons **Terence** and **Oshane**, **Linda Phillip's** friend **Gregory**, **Julie-Ann Newell's** nephew **Kirk**, **Kay Findleter**, **Horace Downer's** wife **Annette**, **Ainsworth's** in-laws **the Davis family**
- The **Upcoming Evangelistic Series**; Missionary endeavours and Bible study groups
- The **youth** and **men** of Mount Gilead to return to in-person service. **Stronger faith** for all members.
- **Mount Gilead Church** in-person worship services and **the new technology**.
- **The War in Ukraine/** the People of Ukraine and Russia
- **Christians and other groups facing persecution and discrimination worldwide**



Reach out and touch the Lord  
As He passes by  
You'll find He's not too busy  
To answer your cry  
He's passing by this moment  
Your needs to supply  
Reach out and touch the Lord  
As He passes by



## HEALTH CORNER



This month we will place our focus on the:

**"A" in GOD'S PLAN, which stands for Always Temperate.**

“No man can enter into a strong man's house and spoil his goods, except he will first bind the strong man; and then he will spoil his house.” **Mark 3:27.**

**What is the meaning of temperance?** The word temperance, when used in the context of health, has three very distinct meanings: one, moderation is the use of that which is good; two, total abstinence from that which is harmful and three, self-control. “True temperance teaches us to dispense entirely with everything hurtful, and to use judiciously that which is healthful. There are few who realize, as they should how much their habits of diet have to do with their health, their character, their usefulness in this world, and their eternal destiny. The appetite should ever be in subjection to the moral and intellectual powers. The body should be servant to the mind, and the mind to the body.” **Temperance, p. 141.**

- [meetministry.org](http://meetministry.org)

# ANNOUNCEMENTS FROM ACROSS ONTARIO CONFERENCE



GOSPEL SERIES | HOSTED BY THE ONTARIO CONFERENCE LAY EVANGELISM ASSOCIATION  
SPONSORED BY THE ONTARIO CONFERENCE PERSONAL MINISTRIES DEPARTMENT

# REASSURANCE

CERTAINTY IN UNCERTAIN TIMES

*Come and Join Us!* JULY 9-23, 2022 | 7:00 PM (EST)  
No Meetings on Mondays and Thursdays



JULIA CLARKE    DAVID ROSS    KENROY JONES    RAINFORD CORNISH    SAMMY ADRIATICO    LEONARDO BARBOZA    KATHLEEN GARCIA    VOLENCE DRUMMOND

**Opening Night: Why is There So Much Suffering in the World?**

ONLINE EVENT  
f LIVE    YouTube    zoom    MEETING ID: 882-0411-1622  
PASSCODE: 306338    WWW.OCLEA.CA



GOSPEL SERIES | SPONSORED BY THE ONTARIO CONFERENCE PERSONAL MINISTRIES DEPARTMENT  
HOSTED BY THE ONTARIO CONFERENCE LAY EVANGELISM ASSOCIATION

# REASSURANCE

CERTAINTY IN UNCERTAIN TIMES

SATURDAY, JULY 9 @ 7:00 PM

**TOPIC:**  
Why is There So Much Suffering in the World?



JULIA CLARKE

ONLINE EVENT  
f LIVE    YouTube    zoom    WWW.OCLEA.CA







# Metro East RYA Youth Week of Prayer

In-Person 7 PM Week-days

## Dates & Churches Working Together

Sat. July 16 - Apple Creek/Smyrna

Sun. July 17 - Toronto Chinese/Scarborough Filipino

Mon. July 18 - Philadelphia/Mt. Gilead

Tues. July 19 - Scarborough/Toronto Japanese/Liberty

Weds. July 20 - Shiloh/Eglise Adventist Bethanie de Toronto,

Eglise Adventiste Francophone de Toronto

Fri. July 22 - Toronto East/Ephesus

Sat. July 23 - Agape/Ajax

# TRACK IS BACK

## CYSA ANNUAL TRACK & FIELD MEET

**\*\*JULY 24, 2022\*\***

PLEASE NOTE THE CHANGE IN DATE

**CHURCHES & TEAMS RSVP BY:**

**APRIL 25, 2022**

**LOCATION:**

**Toronto Track and Field  
Centre -York University**

231 Ian MacDonald Blvd,  
North York, ON M7A 2C5

**CONTACT : (416) 900-7803**

**EMAIL: TRACKANDFIELD@CYSA.CA**



# TOGETHER WITH GOD

2022 CAMP MEETING  
AUGUST 5, 6

#TogetherWithGod

Adventistontario.org |  @AdventistOntario

CONNECTING  
 LIKE  
JESUS



Seventh-day  
Adventist Church  
ONTARIO CONFERENCE

# SAVE *the* DATE

TOGETHER WITH GOD  
VIRTUAL CAMP MEETING  
08.05.22-08.06.22

adventistontario.org  
YouTube.com/adventistontario  
YouTube.com/adventistyouthontario



Ontario Conference of the Seventh-day Adventist Church is pleased to invite you to our **virtual Together with God Camp Meeting**. Running Friday evening, August 5, and all-day Sabbath, August 6, it will be a chance to reflect on the awesomeness of God, His goodness toward us and our calling as His followers. As before, there will be separate streams for adults, youth and young adults. Children's programming will be incorporated into the adult stream.

**We are looking forward to Spirit-filled messages from the following speakers:**

- Adults, Friday evening and Sabbath morning—Dr. Sung Kwon, Director, Master of Arts Leadership in Social Innovation & Associate Professor of Leadership, Andrews University;
- Sabbath evening ordination—Pastor Calvin Watkins, Vice President, Regional Liaison/Evangelism, North American Division of the Seventh-day Adventist Church;
- Teens—Pastor Vanessa Hairston, Worship Pastor, Miami Temple; and
- Young adults—Pastor Aaron Dyer, Worship Pastor, New Life Fellowship, Andrews University

**Some camp meeting highlights will include:**

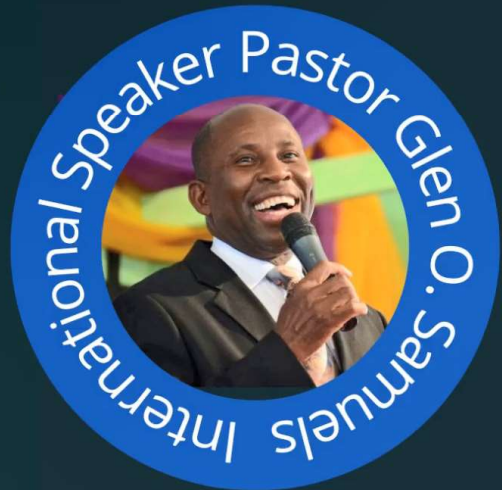
- Engaging presentations focusing on the theme “Together with God”;
- Musical items from a broad spectrum of individual musicians and groups;
- Exciting mission updates from different parts of the Conference;
- In-person segments for youth and young adults, including in-person small group discussions in regions following a virtual Sabbath School program and Sabbath afternoon outreach;
- Worship and fellowship with your Ontario Conference family and others;
- An ordination service;
- Spanish, French and ASL interpretation;
- Call-in numbers and Zoom rooms for seniors;
- And much more!

All programming will be accessible via **Adventistontario.org (Zoom and YouTube links)**. You may also stream adult plenaries at **Youtube.com/Adventistontario**, and programming for teens and young adults at **Youtube.com/Adventistoyouthontario** and on **Zoom**.

Please note that promotional flyers (the graphic attached is just a save-the-date, not an official promo) and further info will be available in upcoming weeks via email, the *Ontario Conference News* e-newsletter and website - <https://adventistontario.org/events/together-with-god-camp-meeting-2022/>.



# COMING to TORONTO OCTOBER 2022



Hi Friends,

What if you decide: I want to be happy?

Can you make yourself happy by choosing to be happy?

According to Prof. Brett Ford, from the University of Toronto, that depends on where you live.

Her research revealed that whether you can make yourself happy by choosing to be happy hangs on your outlook and your culture.

[Take a look at today's message and see why!](#)

[https://www.youtube.com/watch?v=oZq\\_aLgH2Aq](https://www.youtube.com/watch?v=oZq_aLgH2Aq) (3:01)



Blessings to you and your family,  
Mike and René Lemon

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### **Reminder:**

All Mount Gilead Ministries are encouraged to share plans and upcoming events as well as report on past activities, by sending an **email to** [mountgileadbulletin@gmail.com](mailto:mountgileadbulletin@gmail.com), which we will then upload to the Bulletin or Newsletter. We welcome your news reports, poems, inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries etc.

### **Published by:**

**The Communications Department**  
**Mount Gilead Seventh-day Adventist Church**  
**Scarborough, ON**

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