

Mount Gilead Seventh-day Adventist Church

700 Kennedy Road, Scarborough, ON, M1K 2B5

Newsletter 05

February 2, 2024



“Make a joyful shout to the Lord, all you lands! Serve the Lord with gladness;
Come before His presence with singing.” Psalm 100:1, 2 (NKJV)



February

Colin Thompson – 2nd

Franklyn Seetram - 3rd

Kemeisha Campbell - 6th

Suthlyn Pinnock - 6th

Oshane Clayton – 7th

Horace Downer – 14th

Myrna Lewis – 17th

Aline Bedard – 27th

EVENTS FOR SABBATH, February 3, 2024

- **Prayer Session: 9:30 a.m.** (Sanctuary, Zoom)
- **Sabbath School: 10:00 a.m.** (Sanctuary, Zoom)
- **Midday Service: 11:15 a.m.** (Sanctuary, Zoom,

Zoom Meeting information

<https://zoom.us/j/7244241984?pwd=bjF1MU1BMDdheElqb3AzUjBGGeGxmUT09>

or phone **647-558-0588**

Meeting ID: 424 1984

Passcode: 7525333

Mount Gilead Website: <https://mountgileadadventist.org/>

Mount Gilead YouTube link for Live Streaming

<https://www.youtube.com/@mountgileadsdascarborough1975/streams>

Mount Gilead Facebook Page

<https://www.facebook.com/mountgsdatoronto/>

Sabbath Services for February 3, 2024

PRAYER SESSION 9:30 a.m.

Welcome/Opening Prayer Sis. Monica Seetram
Opening Song: **“Under His Wings”** (529)..... Congregation/Chorister
Testimonies
Devotional Reading: **“Cure for Stress”** by Brenda Walsh
Prayer
Closing Hymn: **“Great is Thy Faithfulness”** (100) Congregation/Chorister

SABBATH SCHOOL 10:00 a.m.

Superintendent/Welcome Sis. Roxie Richardson
Opening Prayer Sis. Roxie Richardson
Opening Hymn **“It May Be at Morn”** (207)..... Congregation/Chorister
Mission Story **“Madrid’s Post-Christian Church Plant”** video
Lesson Review Elder Ainsworth Hinds
Closing Remarks Sis. Roxie Richardson
Closing Song **“We are Climbing Jacob’s Ladder”** video
Closing Prayer Elder Ainsworth Hinds

MIDDAY WORSHIP SERVICE 11:15 a.m.

Welcome/ Announcements..... Elder Yvonne Edwards
Pastor’s Notes..... Pastor Sil Lindo
A Tool for Personal Evangelism Hope Channel Promo video
Call to Worship Sis. Reeba Mitchell
Introit **“We Have Come into His House”** Pianist/Chorister
Invocation Pastor Sil Lindo
Hymn of Praise **“Holy, Holy, Holy”** (73)..... Congregation/Chorister
Prayer Appeal/Chorus **“God is Here”** Praise Team
Intercessory Prayer Sis. Jennifer Holligan
Children Story: Auntie Deborah
Offertory Elder Howard Shaw
Scripture Reading **“Revelation 1:9-11”** (NKJV)..... Sis. Madge Thompson
Praise Time (652, Heaven Came Down & Glory Filled my Soul)..... Praise Team
Music of Meditation Sis. Jenna Duncan
Sermon..... Pastor Sil Lindo
“ARE YOU A LUKEWARM CHRISTIAN?”
Hymn of Consecration **“Holy, Holy Is What the Angels Sing”** (425) Congregation/Chorister
Benediction..... Pastor Sil Lindo
Blessing **“Till We Meet Again”** Pianist/Chorister

New Members to Mount Gilead

On Sabbath, January 27, with great pleasure, Mount Gilead Seventh-day Adventist Church officially welcomed Pastor Sil Lindo and Sis. Gloria Lindo into its membership. They were transferred from Ebenezer Seventh-day Adventist Church.



B





"A PLACE WE GROW AND SHARE"

2024 THEME:

I WILL GO

LEARN MORE

Contact Us :

4167525333

mtgilead@adventistontario.org

mountgileadadventist.org

700 Kennedy Road, Scarborough, Canada

Theme for 2024 – “I Will Go”

1st Quarter Theme – “Praying for the Outpouring of the Holy Spirit”

Vision Statement: To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His Second Coming.

Mission Statement: To reach people within Toronto and its environs with the Everlasting Gospel of hope and wholeness.

NURTURING (MEMBER) Goal 1: To see members experiencing healthy personal spiritual growth that inform their passion for sharing the gospel collaboratively in mission (for the community).

SHARING (MISSION) Goal 2: To engage and interact with the external clientele through practical

Upcoming Events for Mount Gilead Church

 MOUNT GILEAD
SEVENTH-DAY ADVENTIST CHURCH

BELOVED
JOIN US FOR

IN-PERSON SEMINAR ON
The Holy Spirit


GUEST PRESENTER:
ELDER LUCAS JUREK


SMYRNA ADVENTIST CHURCH - FRI. FEB. 09TH @ 7:00 P.M.
85 PARKWOODS VILLAGE DR., SCARBOROUGH
MOUNT GILEAD CHURCH - SABBATH, FEB. 10TH
@ 10:00 A.M. AND @ 11:15 A.M.
700 KENNEDY ROAD, SCARBOROUGH
SMYRNA ADVENTIST CHURCH - SABBATH EVENING @ 4:00 P.M.

SABBATH LUNCH WILL BE SERVED AT SMYRNA

Revived and Transformed by

Love



 Presented by **Lucas Jurek**
of **Holy Spirit Ministries**
www.SpiritBaptism.org

Mount Gilead SDA Church, 700 Kennedy Rd, Scarborough, ON

Friday, February 9, 7:00 pm – “Revived By Love”
Saturday, February 10, 10:00 am – “Transformed By Love”
Saturday, February 10, 11:15 am – “Compelled By Love”
Saturday, February 10, 4:00 pm – “Experiencing God’s Love”

- **Bible Study/ Prayer: Sunday, February 4 at 5:00 p.m.** (Revelation)
- **Wednesday Evening Prayer Meeting: February 7 at 7:00 p.m.**
Presenter: Elder Ainsworth Hinds
 Title: “Our Problems are Solvable” (Steps to Personal Revival - Chapter 3)
Coordinator/ Welcome: Pastor Sil Lindo
Opening Prayer: Sis. Carril Cornelius

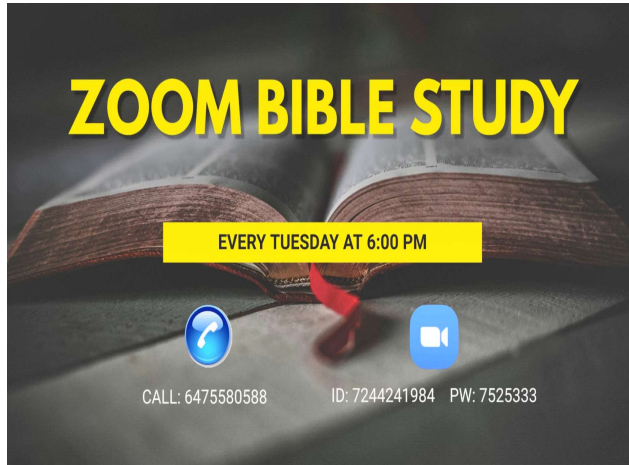
Health Corner

For those of you who missed our health presentation on insomnia last Thursday, here are four tips that may help you achieve a good night's sleep.



1. **Manage Stress**
 Practice stress-reducing techniques such as deep breathing and prayer. Chronic stress can contribute to insomnia.
2. **Establish a Consistent Sleep Schedule**
 Go to bed and wake up at the same time every day, even on weekends. This helps regulate your body's internal clock.
3. **Be Mindful of Food and Drink**
 Avoid heavy meals close to bedtime. Additionally, limit your fluid intake before bedtime to minimize the need for bathroom trips during the night.
4. **Limit Screen Time Before Bed**
 Reduce exposure to screens (phones, computers, TVs) at least an hour before bedtime. The blue light emitted from screens can disrupt the production of the sleep hormone melatonin.

Bible Study for non-Adventist members (Starting soon)



ZOOM BIBLE STUDY

EVERY TUESDAY AT 6:00 PM

CALL: 6475580588 ID: 7244241984 PW: 7525333

The poster features a background image of an open Bible with a red bookmark. At the bottom, there are icons for a question mark and a video camera, representing Zoom. The text is in yellow and white on a dark background.



*Easy Bible Studies
for Beginners*

Join us in the Church's Basement

Invite friends and family to attend
@ 10:00 AM

The poster features a central image of a black Bible with a yellow cross and a green fern leaf. To the right, there is a small illustration of a group of people sitting around a table, engaged in a study session. The text is in a mix of red, black, and white fonts.



MOUNT GILEAD
SEVENTH-DAY ADVENTIST CHURCH

**3 Simple
Ways to Give**

- 1 Online:
www.mountgileadadventist.org
- 2 Mail your cheque to 37 Eglinton Square
Scarborough, On, M1L 4T2
PO Box 51028
- 3 In person or call 416 752 5333

**Fuel The Mission -
Worship Through Giving**

The poster has a blue header with the church logo and name. The main body is white with a large black heading. The three ways to give are listed in numbered blue circles. The bottom section is a pink banner with white text.

Emails Addresses to Use for Church Correspondences

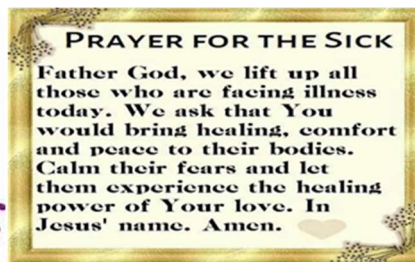
mountgileadadventist@gmail.com (new official church email)

mountgileadelders@gmail.com (to correspond with elders)

mountgileadbulletin@gmail.com (to submit Bulletin and Newsletter information)

mountgileadboard@gmail.com (to submit agenda items for Board Meeting)

Mt.Gileadpathfinders@gmail.com (for Pathfinder Club issues)



Hospitalization: Sis. Remaline Shakes is in Scarborough General Hospital. Please pray for her.

Funeral Service for Sis. Edna Allen

Date: Sunday, February 4 at 11:00 a.m.

Viewing starts 9:00 a.m.

Venue: Kendalwood Seventh-day Adventist Church
300 Kendalwood Rd, Whitby, ON L1N 2G3

Special Prayer for:

- **Sis. Fortunate** (ill) ; **Sis. Annette Tulloch** (ill)
- **Sis. Valda Babulal** (returned from Jamaica for eye surgery)
- The **family and friends of Sis. Edna Allen**, as they grieve her loss.
- **Sis. Roslyn Connaught** (recovering from recent surgery)
- **Jehan DeAlwis** (ill, in wheelchair, prayer for healing)
- **Bro. Neville Smith** (eye problems)
- **Mayerling Rivera's neighbours** (children facing hardship, mother on drugs)
- **Tammy Stupecka's** husband **David** (with addictions)
- **Maria DeLima's** brother, **Clemente** (in rehab)
- Monica's sister **Ruth** (facing problems), brother **Clarence** (memory loss)
- Pastor Lindo's friend **Edna** from Sault Ste. Marie and her sick daughter.
- Janette Johnson's sick family members **Sheryne, Victoria, Julle, Sheila, Evelyn**
- **Melanie Walters' mother** (sick); **Ena Jones's sister** (sick with stroke)
- **Youth of our church to remain devoted to God**
- **The people suffering from Israel/Hamas war and Russia/Ukraine war.**
- **Those suffering natural disasters world-wide**

Continuous Prayers for the shut-ins and sick members:

Jean Barclay, Flo Brown, Paulette Burnett, Floretta Calendar, Roslyn Connaught, Carolyn Hinds, Melviner Hinds, Janette Johnson, Rudolph and Myrna Lewis, Clorine McNeish-Weir, Dionne Mitchell, Suthlyn Pinnock, Amanda Reid, Remaline Shakes, Colin Thompson, Pauline Thompson, Peter Toppin



Reach out and touch the Lord
As He passes by
You'll find He's not too busy
To answer your cry
He's passing by this moment
Your needs to supply
Reach out and touch the Lord
As He passes by

Announcements from Across Ontario Conference

Ontario Conference Ministries Convention - March 23, 2024



Join Us at Ministries Convention

2024
03.22
6PM



DIVINE HOUR SPEAKER

DR. GUILLERMO E. BIAGGI
GENERAL VICE PRESIDENT
GENERAL CONFERENCE OF THE SEVENTH-DAY
ADVENTIST CHURCH

CONNECT

DISCIPLESHIP IN ACTION

Unlock your ministry potential, enhance your impact on the church and community through empowering workshops and speakers.

SCHEDULED SPEAKERS



PASTOR DANIEL EBENEZER
ASSOCIATE SABBATH SCHOOL DIRECTOR
GENERAL CONFERENCE OF THE SEVENTH-DAY
ADVENTIST CHURCH



DR. BALVIN B. BRAHAM
VICE PRESIDENT
INTER-AMERICAN DIVISION OF THE SEVENTH-DAY
ADVENTIST CHURCH



JAKOV BIBULOVIC
ONTARIO CONFERENCE PRESIDENT
ONTARIO CONFERENCE OF THE SEVENTH-DAY
ADVENTIST CHURCH



PASTOR CHANDA NUNES-HENRY
VICE PRESIDENT FOR ADMINISTRATION
NEVADA-UTAH CONFERENCE OF THE SEVENTH-DAY
ADVENTIST CHURCH

SHERATON PARKWAY TORONTO NORTH HOTEL & SUITES,
600 HWY 7, RICHMOND HILL, ON L4B 1B2

Always Be Prepared / Toujours prêts

*[Note: To help you and your church prepare for the **National Annual Offering for Canadian Media Outreach** that will be collected **next Sabbath, February 10, 2024**, we have included a slide and poster. Please remember that by giving generously on February 10, 2024, you will be helping all media ministries of the Seventh-day Adventist Church in Canada such as *It Is Written Canada, Il Est Écrit, Voice of Prophecy Canada* and others.]*

Dear friend,

Thank you so much for your support. This week we talk about upcoming training on Hope Channel Canada to help you navigate and utilize Hope.Study, a digital Bible study platform that can become a powerful tool in helping everyone in their walk with God.

God bless you and keep you strong in your ministry.

Evaldo Vicente

Communication Director

Seventh-day Adventist Church in Canada

Reminder: All Mount Gilead Ministries are encouraged to share plans and upcoming events as well as report on past activities, by sending an **email to mountgileadbulletin@gmail.com**, which we will then upload to the Bulletin or Newsletter. We welcome your news reports, poems, inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries etc.

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