

Mount Gilead Seventh-day Adventist Church

700 Kennedy Road, Scarborough, ON, M1K 2B5

Newsletter 22

May 31, 2024



“Be glad in the Lord and rejoice, you righteous; And shout for joy, all you upright in heart!” Psalm 32:11 (NKJV)



Linda Vitulli - 9th
Oscar Nunez - 12th
Floretta Calendar - 14th
Girma Hailu - 15th
Jasmine Hinds - 15th
Melrose Cooley - 23rd
Ashel Sinnadurai - 26th
Pastor Sil Lindo - 27th
Michael Anderson - 30th

EVENTS FOR SABBATH, June 1, 2024

- **Prayer Session: 9:30 a.m.** (Sanctuary, Zoom)
- **Sabbath School: 10:00 a.m.** (Sanctuary, Zoom)
- **CAMP MEETING live streaming:**
10:50 a.m. (Sanctuary, Zoom)

Zoom Meeting information

<https://zoom.us/j/7244241984?pwd=bjF1MU1BMDdheElqb3AzUjBGGeGxmUT09>

or phone **647-558-0588**

Meeting ID: 7244241984

Passcode: 7525333

Mount Gilead Website: <https://mountgileadadventist.org/>

Mount Gilead YouTube link for Live Streaming

<https://www.youtube.com/@mountgileadsdscarborough1975/streams>

Mount Gilead Facebook Page

<https://www.facebook.com/mountgsdatoronto/>

Sabbath Services for June 1, 2024

PRAYER SESSION 9:30 a.m.

Welcome/Opening Prayer..... Sis. Monica Seetram
Opening Song “**Day by Day**” (532)..... Chorister/Congregation
Testimonies
Devotional Reading “**Nothing Stays the Same**” Moments with God by Brenda Walsh
Prayer Time
Closing Hymn “**Under His Wings**” (529)..... Chorister/Congregation

SABBATH SCHOOL 10:00 a.m.

Superintendent/ Welcome/Opening Remarks..... Sis. Herfa Shaw
Opening Song “**Don't Forget the Sabbath**” (388) Chorister/Congregation
Opening Prayer Sis. Avis Patterson
Mission Story Sis. Latoya Shaw
Lesson Review Elder Howard Shaw
Closing Remarks..... Sis. Herfa Shaw
Closing Song “**Trust and Obey**” video
Closing Prayer..... Sis. Linda Phillip

MIDDAY WORSHIP SERVICE 10:50 a.m.

CAMP MEETING Live Steaming

**Mount Gilead will aim to close Sabbath School by 10:45 a.m to show the
Camp Meeting service in the Sanctuary as well as on Zoom.**

Sabbath YouTube live stream of the Adult service on the Adventist Ontario channel
<https://www.youtube.com/channel/UCBICyeFWTRyoJfhSgret08Q> or
<https://www.youtube.com/adventistontario>



Theme for 2024 – “I Will Go”

2nd Quarter Theme – “Receiving the Holy Spirit”

Vision Statement: To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His Second Coming.

Mission Statement: To reach people within Toronto and its environs with the Everlasting Gospel of hope and wholeness.

NURTURING (MEMBER) Goal 1: To see members experiencing healthy personal spiritual growth that inform their passion for sharing the gospel collaboratively in mission (for the community).

SHARING (MISSION) Goal 2: To engage and interact with the external clientele through practical activities that will expose and invite them to embrace the love of Christ.

Emails Addresses to Use for Church Correspondences

mountgileadadventist@gmail.com (new official church email)

mountgileadelders@gmail.com (to correspond with Head Elder)

mountgileadbulletin@gmail.com (to submit Bulletin and Newsletter information)

mountgileadboard@gmail.com (to submit agenda items for Board Meeting)

Mt.Gileadpathfinders@gmail.com (for Pathfinder Club issues)

Upcoming Events for Mount Gilead Church

- **Ontario Conference Camp Meeting: June 1**
See details of under “**Announcements from Across Ontario Conference**”
- **Wednesday Evening Prayer Power Hour: June 5 at 7:00 p.m.**
Presenter: **Elder Howard Shaw**
Topic: “Hearts Made Pure” (1 John 3:3)
Coordinator/ Welcome: **Elder Ainsworth Hinds**
Opening Prayer: **Bro. Edmond Francois**
- **Prayer and Bible Study: Sundays at 5:00 p.m.**
Revelation studies continue
- **Communion Service: June 8 during Midday Service**



All emblems will be prepackaged for that day and
No foot-washing because the host church will be using the hall



COMMUNITY HEALTH EXPO

Discover Your Optimal Health

Saturday 1:00pm to 4:00pm
June 15, June 29th, & July 20th



Discover Your Health Age

Measure Your Endurance



Hydrotherapy Demos

Anti-Stress Massages



Measure Your Body Fat & BMI

Nutrition Classes



Learn Your Blood Glucose Levels

Check Your Blood Pressure

LOCATION : 700 Kennedy Road, Scarborough, ON



Explore 9 Free Health Stations



NUTRITION

Proper nutrition is the foundation of good health and recovery. Come and discover cooking classes that demonstrate the appeal of whole plant food vegetarian cuisine.

01



EXERCISE

Action is a law of life. Learn how exercise improves the health of body, mind, and spirit multiplying vitality and health.

02



WATER

Because the body is 70% water, keeping well hydrated and knowing what and when to drink are essential to health.

03



SUNLIGHT

The sun is the established energy source to sustain the cycle of life for plants and animals. Explore how sunlight is vital for the body's metabolism and hormonal balance.

04



TRUST

Uncover how trust in divine power is directly linked to longevity and physical health.

05



AIR

The body's most essential resource is air. Explore how proper breathing and pure air are fundamental to good health.

06



REST

Restoration requires rest because sleep allows the body to renew itself. Discover the many types of rest that are important for optimal health.

07



TEMPERANCE

Using good things moderately and avoiding the bad is obviously wise, yet often hard to practice. Discover how moderation unlocks longevity and health.

08



ATTITUDE

Discover how many studies have found that a positive attitude improves outcomes and life satisfaction across a spectrum of conditions.

09

Midday Service will end at 12:00 noon on the above Sabbaths

- **Sabbath School Emphasis Day: June 22**



3 Simple Ways to Give

- 1 Online:
www.mountgileadadventist.org
- 2 Mail your cheque to 37 Eglinton Square
Scarborough, On, M1L 4T2
PO Box 51028
- 3 In person or call 416 752 5333

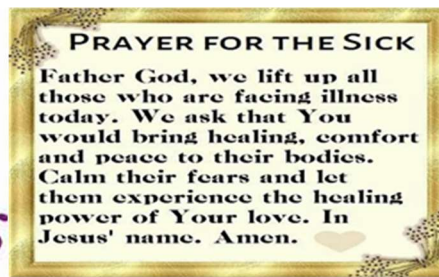
Fuel The Mission -
Worship Through Giving

- **Pathfinder Fundraising Sale**



Hoodies with zip-down front for sale

Order from Director Ainsworth Hinds 416-458-4017

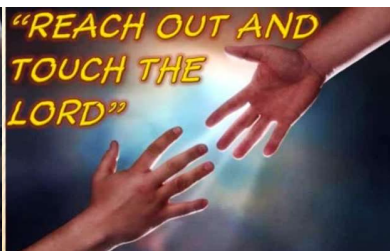


Special Prayer for:

- **Peggy Jordan** (Frank Seetram's sister is very ill with cancer)
- **Bro. Valentine's sister** (very ill)
- **Ashley** (Kendrea Harris's sister, has occasional seizures)
- **Dionne Mitchell** (recovering well from her fall)
- **Francis** (Maria De Lima's cousin who lost her husband recently)
- **Dale Alleyne** (medical emergency last week but recovering)
- **Eunique** (broken down in grief on the loss of her grandfather Julle)
- **Geraldine** (Sis. Cooley's friend, diagnosed with early dementia)
- **Bro. Hailu Girma** (in hospital)
- **Clarence Webster** (Monica Seetram's brother, not well)
- **Emilso** (Eva Bekkout's brother, marital problems)
- **Lamine** (Eva Bekkout's husband, seeking to know God)
- **Ken and Marjorie Crawford** (not well)
- **Clemente** (Maria De Lima's brother in CAMH)
- **Mayerling Rivera** (ill, cysts shrinking, still in pain)
- **Families who are grieving** the loss of loved ones.
- **Tammy Stupecka's husband David** (recovering from addictions)
- **Jehan DeAlwis** (in wheelchair, prayer for healing)
- **Bro. Neville Smith** (eye problems)
- **Melanie Walters' mother** (sick)
- **Ena Jones's sister** (sick with stroke)
- **Youth of our church to remain devoted to God**
- **The people suffering from wars**
- **Those suffering natural disasters world-wide**

Continuous Prayers for the shut-ins and sick members:

Flo Brown, Paulette Burnett, Floretta Calendar, Roslyn Connaught, Carolyn Hinds, Melviner Hinds, Janette Johnson, Rudolph and Myrna Lewis, Clorine McNeish-Weir, Dionne Mitchell, Suthlyn Pinnock, Amanda Reid, Pauline Thompson, Peter Toppin



Reach out and touch the Lord
As He passes by
You'll find He's not too busy
To answer your cry
He's passing by this moment
Your needs to supply
Reach out and touch the Lord
As He passes by

Announcements from Across Ontario Conference

Ontario Conference Camp Meeting - June 1

Ontario Conference Turns 125



*OUR JOURNEY,
HIS GLORY*

Ontario Conference of the
Seventh-day Adventist Church

CAMP MEETING

2024

FRIDAY
MAY 31 6:30 P.M.



SABBATH SCHOOL
JUNE 1 9:00 A.M.

INTERNATIONAL CENTRE, TORONTO



Seventh-day
Adventist Church
ONTARIO CONFERENCE

125TH
Year

adventistontario.org

CAMP MEETING SCHEDULE

Friday Evening - May 31		
Event	Location	Time
Youth & Young Adult Workshop Service	Toronto West Seventh-day Adventist Church	7:00pm
Adult Worship Service	Hall 3 - International Centre	7:30pm
Sabbath Morning – June 1		
Event	Location	Time
Adult Sabbath School / Midday Service	Hall 5 - International Centre	9:00am / 10:10am
Young Adults Sabbath School / Midday Service	Hall 3 - International Centre	9:30am / 11:00am
Youth Sabbath School / Midday Service	Hall 4 - International Centre	9:30am / 11:00am
Children's Program	Aviation Ballrooms - International Centre	9:30am
Sabbath Afternoon – June 1		
Compassion Ministries (Youth & Young Adults)	Hall 3 - International Centre	3:00pm
Ordination	Hall 5 - International Centre	4:00pm
Sabbath Evening – June 1		
Young Adults Sabbath School / Midday Service	Hall 3 - International Centre	6:00pm
Youth Sabbath School / Midday Service	Hall 4 - International Centre	6:00pm
Adult Evening Service	Hall 5 - International Centre	7:15pm

Smyrna Seventh-day Adventist Church

GIVE ME THE BIBLE

Evangelistic Explosion



Pastor/Evangelist
Charles N. Leader

Friday June 7, 2024 At 7:30pm
"Yes, You Can..."

Sunday June 9, 2024 At 7:30pm
"It's All In Your Hands"

Sabbath June 8, 2024 At 11am
"I Have A Dream"

Wednesday June 12, 2024 At 7:30pm
"Seven Days Make One Weak"

Sabbath June 8, 2024 At 6:30pm
"Easy As Abc"

Friday June 14, 2024 At 7:30pm
"Written In Stone"

85 Parkwoods Village Drive, North York, On M2A 2X9

Zoom

476 213 368 Passcode: 666090

Youtube

TorontoSmyrnaSeventh-day

Admission Free! All Are Welcome. It's A Family Affair

Reminder: All Mount Gilead Ministries are encouraged to share plans and upcoming events as well as report on past activities, by sending an **email to** mountgileadbulletin@gmail.com, which we will then upload to the Bulletin or Newsletter.

We welcome your news reports, poems, inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries etc.

Published by:

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