



# MOUNT GILEAD

SEVENTH-DAY ADVENTIST CHURCH

EDITION 1

● 08TH FEB 2025

● NEWSLETTER #6

## BIRTHDAYS FOR THE MONTH OF FEBRUARY

Colin Thompson - Feb. 02nd  
Franklyn Seetram - Feb. 03rd  
Kemeisha Campbell - Feb. 06th  
Suthlyn Pinnock - Feb. 06th  
Oshane Clayton - Feb. 07th  
Gloria Lindo - Feb. 12th  
Horace Leroy Downer - Feb. 14th  
Myrna Lewis - Feb. 17th  
Aline Bedard - Feb. 27th

## EVENTS FOR SABBATH, FEB. 01ST

**"Let everything that hath breath praise the Lord. Praise ye the Lord."**

Psalm 150:6 (KJV)



**Prayer Session:** 9:30 a.m. - Sanctuary, Zoom

**Sabbath School:** 10:00 a.m. - Sanctuary, Zoom

**Midday Service:** 11:00 a.m. - Sanctuary, YouTube, Zoom

### Zoom Meeting Information

<https://zoom.us/j/7244241984?pwd=bjFIMUjBMDdheElqb3AzUjBGegxmUT09>

or Phone: 647-558-0588

Meeting ID: 724-424 1984 - Passcode: 7525333

### Mount Gilead YouTube link for Live Streaming

<https://www.youtube.com/@mountgileadsdascarborough1975/streams>

### Mount Gilead Facebook Page

<https://www.facebook.com/mountgsdatoronto/>

# ORDER OF SERVICE

## PRAYER SESSION 9:30 A.M.

Welcome/Opening Prayer.....Earlyn Douglas

Opening Hymn ..... Congregation/Chorister  
**"Safely Through Another Week" (#384)**

### Testimonies

Devotional Reading .....Earlyn Douglas  
**"What If Your Blessings Come Through Raindrops?"**

### Prayer Session – Groups of 3s or 4s

Closing Hymn..... Congregation/Chorister  
**"There's Sunshine In My Soul Today" (#470)**

Closing Prayer.....Earlyn Douglas

## SABBATH SCHOOL 10:00 a.m.

Welcome.....Bro. Malik Holligan-Lewis

Opening Prayer.....Bro. Malik Holligan-Lewis

Opening Hymn..... Congregation/Chorister  
**"Tis So Sweet To Trust In Jesus" (#524)**

Mission Story.....Sis. Jasmine Hinds

Lesson Review ..... Class Divisions

Closing Hymn..... Congregation/Chorister  
**"I Surrender All" (#309)**

Closing Prayer..... Sis. Helen Redman

# ORDER OF SERVICE CONT'D

## MIDDAY WORSHIP SERVICE 11:00 A.M.

Welcome/Announcements.....Elder Melrose Cooley

Pastor's Notes.....Pastor Sil Lindo

Call to Worship..... Sis. Carril Cornelius

Introit..... Pianist/Chorister

**"I Will Enter His Gates "**

Invocation.....Elder Yvonne Edwards

Opening Hymn..... Congregation/Chorister

**"A Shelter In The Time Of Storm" (#528)**

Prayer Appeal/Chorus..... Praise Team

**"He Is Here"**

Intercessory Prayer.....Sis. Marcia Brown

Children Story.....Kerisha Reid

Offertory.....Sis. Carril Cornelius

Scripture Reading .....Jayda Hinds

**"Psalms 91:1,2" NKJV**

Praise Time..... Congregation/Chorister

Music of Meditation.....Congregation/Chorister

**"As The Dear Panteth For The Water"**

Sermon.....Sis. Yvonne Edwards

**"Our Only Safeguard"**

Closing Hymn ..... Congregation/Chorister

**"Will Your Anchor Hold" (#534)**

Benediction.....Elder Yvonne Edwards

Blessing..... Pianist/Chorister

**"Let The Church Say Amen"**



## **Vision Statement**

To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His second coming.

## **Mission Statement**

To reach people within Toronto and its environs with the everlasting gospel of hope and wholeness.

# 1ST QUARTER EMPHASIS: "STEWARDSHIP OF WORSHIP"



NURTURING (MEMBER) Goal 1: To see members experiencing healthy personal spiritual growth that inform their passion for sharing the gospel collaboratively in mission (for the community).

SHARING (MISSION) Goal 2: To engage and interact with the external clientele through practical activities that will expose and invite them to embrace the love of Christ.

# UPCOMING EVENTS

## Fundraiser Social

**February 8 from 6:00 - 10:00 p.m.**

sponsored by Mount Gilead Rangers Pathfinder Club



Please support  
the  
Pathfinder Club



## Urgent Meetings on Zoom with Regards to Property for Sale

- **Board Meeting:** Sunday, February 9 at 10:00 a.m.
- **Members Meeting:** Sunday, February 9 at 5:00 p.m.

All Mount Gilead members should endeavour to attend

# UPCOMING EVENTS



THE WHITBY SPECIALTY FOOD BANK  
PRESENTS  
**FOOD HANDLER COURSE**

WITH HEALTH INSPECTOR

**Tameika Crann Morris**

SUNDAY MARCH 9TH 2025  
**10:00 AM - 4:00 PM**  
at



**FIRST FILIPINO CANADIAN SDA CHURCH**  
788 Sheppard Avenue , North York ON  
416-854-9104

**Please Register by Calling**

**Marcia White**

at 289-600-6684

Donations to the Whitby Specialty Food  
Bank will be accepted by e-transfer at  
[whitbyspecialtyfoodbank@gmail.com](mailto:whitbyspecialtyfoodbank@gmail.com)



# UPCOMING EVENTS



Take your skills to the next level!

2025 Regional  
**Photography**  
*Training*

PRICE  
\$50

Get professional training

Master your Cellphone or Digital camera

<b>What You Will Learn:</b>	<b>Understanding Your Camera:</b> Unlock the secrets of your device, from settings to features.	<b>Mastering Lighting:</b> Learn to use light—natural or artificial to your advantage in any setting.	<b>Composition and Framing:</b> Discover the art of composing stunning images with professional techniques.
<b>What You Will Receive:</b>	Half-day training (lunch included)	Instruction by a professional photographer	Small group classes

**PRE-REGISTER TODAY!**  
No Payment Required to Pre-register. Secure your spot-space is limited

HOW TO PRE-REGISTER:  


or go to the main page at [Adventistontario.org](https://Adventistontario.org) to sign up

**Classes launch April 27, 2025**

Seventh-day Adventist Church  
ONTARIO CONFERENCE

Sponsored by the  
Communications and Media Department  
-helping you go farther



## NEED PRAYERS?

SEND US YOUR PRAYER REQUESTS

Our God Still Answers Prayers And Work Wonders

<https://mountgileadadventist.org/>

*Dear Lord,*

I am letting go of my problems and asking you to handle them.

I am letting go of my hurt and asking you to heal me. I am letting go of my fear and asking you to sustain me. I am letting go of my worries and asking you to bless me.

## SPECIAL PRAYERS FOR:

### Condolences:

- To the Hinds family. Sis Sherryann Hinds lost a family member last Sabbath.
- To Sis. Clorine McNeish-Weir who lost her nephew this week.
- Janette's niece, Victoria (heart surgery to be done)
- Carril's brother (medical condition that he's not taking well)
- Jehan (to have surgery soon)
- Jasmine Hinds (seeking a job)
- Charlene Hinds (ill)
- Pauline and Lloyd Bell (ill)
- Donna Patterson's stepfather (in hospital)
- Families grieving the recent loss of loved ones
- Sabina & Delly (God's protection for Carril's sister & husband in Antigua)
- Julie-Ann Newell's family in Jamaica (protection and guidance)
- Reeba Mitchell and family (seeking a new job)
- Dennis and Roslyn (Sis. Earlyn's brother and sister)
- Jonathon Pitt and Milton Mullings (revive relationship with Christ)
- Janette's Nieces and Nephews (to come to know God)
- Hailu Girma (in hospital)
- Annette Tulloch (out of rehab and now at home)
- Roy Perrotte (Not well)
- Ashley (Kendrea Harris' sister, has occasional seizures)
- Clemente (Maria De Lima's brother, in CAMH)
- Geraldine (Sis. Cooley's friend, diagnosed with early dementia)
- Lamine (Eva Bekkout's husband)
- Jehan DeAlwis (in wheelchair, prayer for healing)
- The Youths of our church to remain devoted to God
- Other ill persons: Melanie's mother, Janette's family, Monica's brother, Clarence, Frank's nephew, Shamar
- The people suffering from wars, and natural disasters worldwide.

### CONTINUOUS PRAYERS FOR THE SHUT-INS AND SICK MEMBERS:

Flo Brown, Paulette Burnett, Floretta Calendar, Rosilyn Connaught, Ken and Marjorie Crawford, Carolyn Hinds, Janette Johnson, Gemma King, Rudolph and Myrna Lewis, Clorine McNeish-Weir, Dionne Mitchel, Suthlyn Pinnock, Amanda Reid, Mayerling Rivera, Colin Thompson, Pauline Thompson, Peter Toppin

# HEALTH CORNER

## Natural Ways to Combat Colds & Flu

### Hydration & Immune Support

- **Warm Herbal Teas** – Chamomile, peppermint, elderberry, and echinacea tea support the immune system.
- **Lemon & Honey Water** – Soothes sore throats and provides vitamin C and antimicrobial benefits.
- **Coconut Water** – Helps replenish electrolytes and hydration.
- **Potassium Broth** – Good to have when experiencing cold or flu symptoms. Make a vegetable broth of 3-5 garlic cloves, 1 medium onion, 2 medium potatoes, 5 carrots, 3 stalks of celery, 1 bunch parsley and 1 gallon of water. Chop all vegetables and cook slowly in water until the vegetables are soft. Add seasoning to taste and let it boil for 5-10 more minutes. Strain and drink the broth. May also be eaten as soup or blended into a puree. (Recipe taken from the book, *"God's Farmacy"* by M.E.E.T. Ministry)



# HopeChannel

## CANADA

**NATIONAL OFFERING FEBRUARY 8, 2025**



You and your congregation can contribute to the work of media ministries across Canada through your offerings for ***Hope Channel Canada*** this Sabbath, **February 8, 2025**. You can support evangelism across Canada, the creation of new programs for children and youth, and the acquisition of literature for distribution to our viewers.



# 3 Simple WAYS TO GIVE

1

Online:

[www.mountgileadadventist.org](http://www.mountgileadadventist.org)

2

Mail Your Cheque To:

37 Eglinton Square  
Scarborough, On, M1L 4T2, PO Box 51028

3

In Person

or call 416 752 5333

*"Give cheerfully, with open hands, God's abundance forever expands."*

**Reminder: \$5:00 Weekly Contribution to Church Building Fund**

## Where Do My Offerings Go? 13th Sabbath Offering

You've heard how everyone in an Amish community comes together for a barn raising. Well, Seventh-day Adventists also have projects where we all pitch in to accomplish a goal. That is the purpose of the 13th Sabbath offering. Every 13th Sabbath, the church focuses on one of its world Divisions to accomplish a mission goal. The offering often goes toward constructing a building that will be used for education, evangelism, or media outreach. The 13th Sabbath offerings have been used to establish schools such as Central Philippine Adventist College. A recent offering made a youth camp possible in Belize. All the church members around the world join hands in these projects through sacrificial giving.

In 1913, the 13th Sabbath overflow amounted to \$474. Now, it exceeds a quarter of a million dollars. We call it an overflow offering because it encourages extra giving beyond the usual mission offering. In practice, 25 percent of the 13th Sabbath offering is considered overflow. The rest is more broadly distributed to continue mission work around the globe. You can also give a 13th Sabbath offering anytime by marking it on your tithe envelope. Do you want to be part of something big? You'll be part of a worldwide community expanding Adventist mission work when you give to the 13th Sabbath offering.

Remember: Our giving funds the mission to finish the work.

# HOUSEKEEPING ITEMS

## Reminders:

All Mount Gilead Ministries are encouraged to share plans, upcoming events, and reports on past activities by emailing [mountgileadbulletin@gmail.com](mailto:mountgileadbulletin@gmail.com), which we will upload to the Bulletin or Newsletter. We welcome your news reports, poems inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries, etc.

## Published by:

The Communications Department  
Mount Gilead Seventh-day Adventist Church  
Scarborough, ON

## Email Addresses to Use for Church Correspondences:

[mountgileadadventist@gmail.com](mailto:mountgileadadventist@gmail.com) (official church email)  
[mountgileadelders@gmail.com](mailto:mountgileadelders@gmail.com) (to correspond with Head Elder)  
[mountgileadbulletin@gmail.com](mailto:mountgileadbulletin@gmail.com) (to submit Bulletin and Newsletter information)  
[mountgileadboard@gmail.com](mailto:mountgileadboard@gmail.com) (to submit agenda items for Board Meetings)  
[Mt.Gileadpathfinders@gmail.com](mailto:Mt.Gileadpathfinders@gmail.com) (for Pathfinder Club)  
[mountgilead.pm@gmail.com](mailto:mountgilead.pm@gmail.com) (for Personal Ministries)

### Mount Gilead Newsletter/Bulletin for 2025

To submit information for the Newsletter/Bulletin

**Deadline:** Wednesday midnight

Email only to [mountgileadbulletin@gmail.com](mailto:mountgileadbulletin@gmail.com)

**because both Sis. Patrice Williams and Elder Yvonne Edwards  
need the information at the same time.**

Patrice will make the Newsletter/Bulletin

Yvonne will make the ProPresenter slides for Sabbath Services

### Board Meetings

**3<sup>rd</sup> Tuesday** of each month **at 7:30 pm**, unless told otherwise

**Deadline to submit agenda items is one week before the Board meeting, the  
2<sup>nd</sup> Tuesday of the month by 9:00 pm.**

Both the item(s) and details must be submitted to this email  
([mountgileadboard@gmail.com](mailto:mountgileadboard@gmail.com)),  
which will then be reviewed by the 1<sup>st</sup> Elder and Pastor.

Persons presenting items should have  
**motions prepared and written down prior to the meeting.**