**EDITION 1** 

31ST MAY 2025

●NEWSLETTER #22

## BIRTHDAYS FOR THE MONTH OF MAY

Linda Vitulli - 09th
Oscar Nunez - 12th
Sharon Janes - 12th
Floretta Calendar - 14th
Girma Hailu - 15th
Jasmine Hinds - 15th
Melrose Cooley - 23rd
Ashel Sinnadurai - 26th
Pastor Sil Lindo - 27th
Michael Anderson - 30th

#### **EVENTS FOR SABBATH, MAY 31ST**

"Let everything that hath breath praise the Lord. Praise ye the Lord."

Psalm 150:6 (KJV)



**Prayer Session:** 9:30 a.m. - Sanctuary, Zoom **Sabbath School:** 10:00 a.m. - Sanctuary, Zoom

Midday Service: 11:00 a.m. - Sanctuary, YouTube, Zoom

#### **Zoom Meeting Information**

https://zoom.us/j/7244241984?pwd=bjFIMUIBMDdheElqb3AzUjBGeGxmUT09

or Phone: 647-558-0588

Meeting ID: 724-424 1984 - Passcode: 7525333

#### Mount Gilead YouTube link for Live Streaming

https://www.youtube.com/@mountgileadsdascarborough1975/streams

#### **Mount Gilead Facebook Page**

https://www.facebook.com/mountasdatoronto/

# ORDER OF SERVICE PRAYER SESSION 9:30 A.M.

Opening Prayer/Welcome	Sis. Marcia Brown
Opening Hymn	

## **Testimonies**

Devotional Reading......Steps To Christ

## **Prayer Session**

Closing Hymn	Congregation
"Jesus Saves" (#340)	
Closing Prayer	Sis. Marcia Brown

SABBATH SCHOOL 10:00 a.m.



\*\*\*\*\*\* Live Streaming from Camp Meeting\*\*\*\*\*\*



## **Vision Statement**

To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His second coming.

## **Mission Statement**

To reach people within Toronto and its environs with the everlasting gospel of hope and wholeness.

#### **IST QUARTER EMPHASIS: "STEWARDSHIP OF WORSHIP"**



NURTURING (MEMBER) Goal 1: To see members experiencing healthy personal spiritual growth that inform their passion for sharing the gospel collaboratively in mission (for the community).

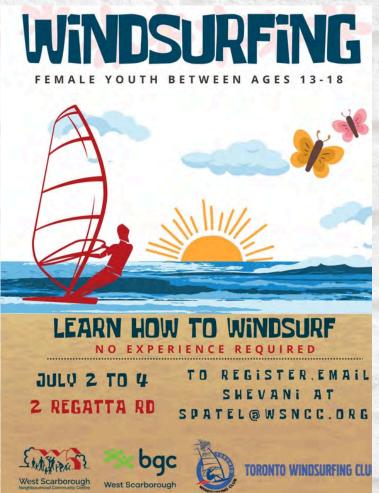
SHARING (MISSION) Goal 2: To engage and interact with the external clientele through practical activities that will expose and invite them to embrace the love of Christ.

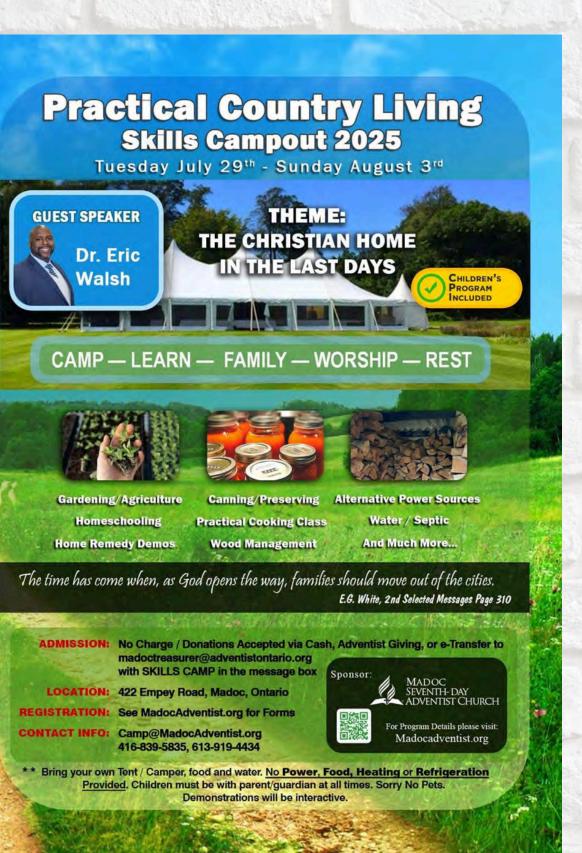
- . Bible Study: Sunday evenings at 5:00 p.m.
- Study Hour: Biweekly on Tuesdays from 7:00 p.m. 8:00 p.m.
   on Zoom Ps. Lindo and Elder Shaw will share on Sabbath School Lessons
- Members' Meeting: (on zoom) Tuesday, June 17th at 7:30 p.m.
- Wednesday Night Prayer Meetings: The Book "50 Days of Prayer and Devotion" is being used
- Communion Service: June 28th
- Camp Meeting: Midday Service will be streamed on Mount Gilead's YouTube channel on May 31<sup>st</sup> at 9:30 a.m.
- Baptism: June 7th @ 3:00 p.m. at Scarborough Church.

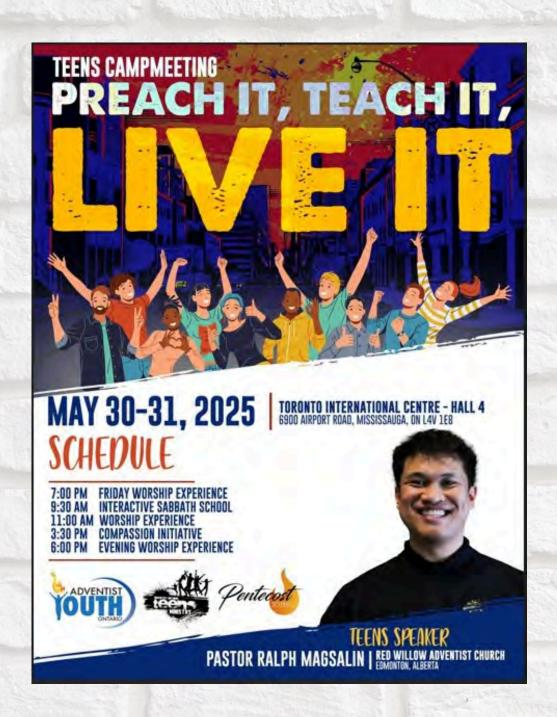
Master Schedule for 3<sup>rd</sup> Quarter 2025: Information Due Wednesday, Jun. 18
Submit information to Elder Howard Shaw at mountgileadelders@gmail.com and
cc Elder Yvonne Edwards at mountgileadbulletin@gmail.com.











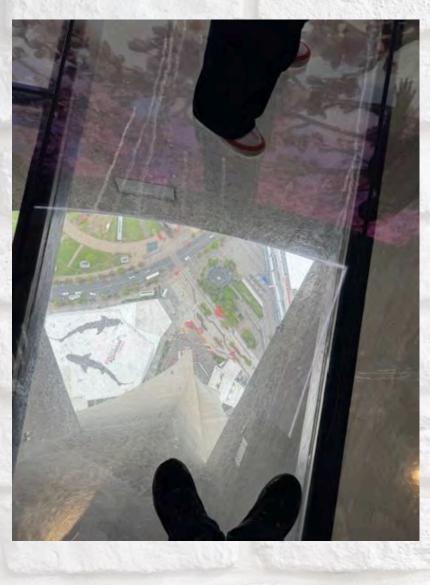
## PATHFINDERS' TRIP TO CN TOWER







## PATHFINDERS' TRIP TO RIPLEY'S AQUARIUM





# HIGHLIGHTS FROM HIKING (EVERY 1<sup>ST</sup> & 3<sup>RD</sup> SUNDAYS)









Dear Lord,
I am letting go of my
problems and asking you to
handle them. I am letting go
of my hurt and asking you to
heal me. I am letting go of
my fear and asking you to
sustain me. I am letting go
of my worries and asking
you to bless me.

#### **SPECIAL PRAYERS FOR:**

- Prayer for our Pastors around the world
- Carolyn and her son, Beulah (seeking a new home)
- Kerisha Reid and the Mount Gilead Youth Department
- Janette Johnson and family, especially her niece Victoria, who has heart problems
- Bro. K. Francis (facing several challenges)
- Baby Marcelle (brain not functioning well)
- Dennis and Roslyn (Sis. Earlyn's brother and sister)
- Jonathon Pitt and Milton Mullings (revive relationship with Christ)
- Hailu Girma (in hospital)
- Ashley (Kendrea Harris' sister, has occasional seizures)
- Monica Seetram, Delroy Noble, Helen Redman (facing challenges at work)
- Sis. Roslyn's 3 children, especially Brandon
- Jehan DeAlwis (in wheelchair, prayer for healing)
- The people suffering from wars and natural disasters worldwide.

#### CONTINUOUS PRAYERS FOR THE SHUT-INS AND SICK MEMBERS:

Flo Brown, Paulette Burnett, Floretta Calendar, Rosllyn Connaught, Ken and Marjorie Crawford, Carolyn Hinds, Janette Johnson, Gemma King, Rudolph and Myrna Lewis, Clorine McNeish-Weir, Dionne Mitchel, Suthlyn Pinnock, Amanda Reid, Mayerling Rivera, Colin Thompson, Pauline Thompson, Peter Toppin

## HEALTH CORNER

# Health Ministries



**NEW EMAIL ADDRESS** 

mountgileadhealth@gmail.com

The Health Ministries department wants to hear from you! We have created a new email address for our members to send in health related questions. You may also email suggestions for topics you would like to learn more about. Please feel free to reach out to us at the email above and we will be happy to assist you as best as possible. Blessings!

"Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers." - 3 John 2 (NKJV)

## HEALTH CORNER

Made with hearty oats, flavourful herbs, and wholesome veggies, this burger recipe is a satisfying alternative to meat that doesn't skimp on taste or texture. These oat burgers hold together beautifully and pair perfectly with your favourite toppings. They are ideal for meal prep, family dinners, or meatless Mondays. This recipe proves you don't need meat to make a delicious, filling, and nourishing burger!



## **Oh Boy! Oat Burgers**

#### Ingredients:

- 1 Cup Cooked oatmeal, cold and firm
- 1 Raw potato, grated
- 4 tsp Olive oil
- 1/2 Cup Ground walnuts
- 1 Cup Toasted whole wheat bread crumbs
- 1 tsp Salt

#### ( 40 minutes

- 1 pinch Sage
- 1 tsp Whole Wheat flour
- 1/4 Cup Nutritional yeast flakes
- 1 tsp Chicken-style seasoning or Vegetable bullion
- 1/4 1/2 Cup Soy or nut milk (just enough to moisten)

#### Instructions:

- 1. Mix ALL ingredients together.
- 2. Add just enough milk to moisten and bind mixture.
- 3. Form into patties.
- 4. Place on sprayed cookie sheet.
- 5. Bake at 350 degrees for 20 minutes, then turn over and bake on the other side until golden brown (about 20 more minutes).
- Let cool completely on rack—best served the next day.
- 7. These patties freeze well.

Recipe taken from LifestyleMatters.com



Reminder: \$80:00 Weekly Contribution to Church Budget

## Where Do My Offerings Go? 13th Sabbath Offering

You've heard how everyone in an Amish community comes together for a barn raising. Well, Seventh-day Adventists also have projects where we all pitch in to accomplish a goal. That is the purpose of the 13th Sabbath offering. Every 13th Sabbath, the church focuses on one of its world Divisions to accomplish a mission goal. The offering often goes toward constructing a building that will be used for education, evangelism, or media outreach. The 13th Sabbath offerings have been used to establish schools such as Central Philippine Adventist College. A recent offering made a youth camp possible in Belize. All the church members around the world join hands in these projects through sacrificial giving.

In 1913, the 13th Sabbath overflow amounted to \$474. Now, it exceeds a quarter of a million dollars. We call it an overflow offering because it encourages extra giving beyond the usual mission offering. In practice, 25 percent of the 13th Sabbath offering is considered overflow. The rest is more broadly distributed to continue mission work around the globe. You can also give a 13th Sabbath offering anytime by marking it on your tithe envelope. Do you want to be part of something big? You'll be part of a worldwide community expanding Adventist mission work when you give to the 13th Sabbath offering

Remember: Our giving funds the mission to finish the work.

## **HOUSEKEEPING ITEMS**

#### **Reminders:**

All Mount Gilead Ministries are encouraged to share plans, upcoming events, and reports on past activities by emailing <a href="mailto:mountgileadbulletin@gmail.com">mountgileadbulletin@gmail.com</a>, which we will upload to the Bulletin or Newsletter. We welcome your news reports, poems inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries, etc.

#### **Published by:**

The Communications Department Mount Gilead Seventh-day Adventist Church Scarborough, ON

#### **Email Addresses to Use for Church Correspondences:**

<u>mountgileadadventist@gmail.com</u> (official church email)
<u>mountgileadelders@gmail.com</u> (to correspond with Head Elder)
<u>mountgileadbulletin@gmail.com</u> (to submit Bulletin and Newsletter information)
<u>mountgileadboard@gmail.com</u> (to submit agenda items for Board Meetings)
<u>Mt.Gileadpathfinders@gmail.com</u> (for Pathfinder Club)
<u>mountgilead.pm@gmail.com</u> (for Personal Ministries)
<u>mountgileadhealth@gmail.com</u> (for Health Department)

#### Mount Gilead Newsletter/Bulletin for 2025

To submit information for the Newsletter/Bulletin

Deadline: Wednesday midnight

Email only to mountgileadbulletin@gmail.com

because both Sis. Patrice Williams and Elder Yvonne Edwards need the information at the same time.

Patrice will make the Newsletter/Bulletin

Yvonne will make the ProPresenter slides for Sabbath Services

#### **Board Meetings**

3rd Tuesday of each month at 7:30 pm, unless told otherwise

Deadline to submit agenda items is one week before the Board meeting, the 2<sup>nd</sup> Tuesday of the month by 9:00 pm.

Both the item(s) and details must be submitted to this email (mountgileadboard@gmail.com),
which will then be reviewed by the 1st Elder and Pastor.

Persons presenting items should have motions prepared and written down prior to the meeting.