



MOUNT GILEAD

SEVENTH-DAY ADVENTIST CHURCH

EDITION 1

● 05TH JULY 2025

● NEWSLETTER #27

BIRTHDAYS FOR THE MONTH OF JULY

Wanda Miles - 02nd
Junior Ebagua - 06th
Keagan Miles-Galloway - 06th
Marlan Kouame - 07th
Araina Harrison - 09th
Mauti Jones - 12th
Dionne Mitchell - 14th
Japhet Momanyi - 17th
Nasya Mitchell - 14th
Rolda Charles - 19th
Aloysius Muganza - 23rd
Howard Shaw - 25th
Ena Jones - 26th
Malachi Holness - 28th
Sharon Fraser - 31st

Wedding Anniversary

Osbourne & Paulette Burnett - 23rd
David & Tammy Stupecka - 26th

EVENTS FOR SABBATH, JULY 05TH

"Let everything that hath breath praise the Lord. Praise ye the Lord."

Psalm 150:6 (KJV)



Prayer Session: 9:30 a.m. - Sanctuary, Zoom

Sabbath School: 10:00 a.m. - Sanctuary, Zoom

Midday Service: 11:00 a.m. - Sanctuary, YouTube, Zoom

Zoom Meeting Information

<https://zoom.us/j/7244241984?pwd=bjFIMUjBMDdheElqb3AzUjBGeGxmUT09>

or Phone: 647-558-0588

Meeting ID: 724-424 1984 - Passcode: 7525333

Mount Gilead YouTube link for Live Streaming

<https://www.youtube.com/@mountgileadsdascarborough1975/streams>

Mount Gilead Facebook Page

<https://www.facebook.com/mountgsdatoronto/>

ORDER OF SERVICE

PRAYER SESSION 9:30 A.M.

Opening Prayer.....Sis. Linda Phillip

WelcomeElder Julie-Ann Newell

Opening Hymn.....Congregation

"Holy, Holy, Is What The Angels Sing" (#425)

Testimonies

Devotional Reading.....Sis. Marcia Brown

"50 Days of Prayer"

Prayer Session – Groups of 2s or 3s

Closing Hymn.....Congregation

"Burdens Are Lifted At Calvary" (#476)

Closing Prayer.....Sis. Marcia Brown

SABBATH SCHOOL 10:00 a.m.

Opening Prayer.....Sis. Marcia Brown

Welcome.....Sis. Marcia Brown

Opening Hymn.....Congregation/Chorister

"Morning Has Broken" (#44)

Superintendent's Remarks.....Sis. Marcia Brown

Lesson Review.....Class Division

Closing Remarks.....Sis. Marcia Brown

Closing Hymn.....Congregation/Chorister

"I Sing The Mighty Power Of God" (#88)

Closing Prayer.....Bro. Edmond Francois

ORDER OF SERVICE CONT'D

MIDDAY WORSHIP SERVICE 11:00 A.M.

Welcome/Announcements.....Elder Monica Seetram

Pastor's Notes.....Pastor Sil Lindo

Call to Worship.....Sis. Earlyn Douglas

Opening Hymn.....Congregation/Chorister

"Sweet Hour Of Prayer" (#478)

Children's Story.....Nicklon Mitchell

Offertory.....Sis. Wanda Miles

Prayer Appeal/Chorus.....Praise Team

"He is Here"

Prayer of Thanksgiving.....Sis. Harriet Byno

Prayer for God to Cleanse our Hearts.....Sis. Deon Foreman

Prayer for Infilling & Baptism of the Holy Spirit.....Elder Monica Seetram

Prayer for our World Leaders.....Pastor Sil Lindo

Intercessory Prayer.....Sis. Paulette Burnett

Scripture Reading.....Elder Julie-Ann Newell

"Philippians 2:9-11" (NKJV)

Praise & Worship.....Congregation/Chorister

Praise Team

Music of Meditation.....Jayda & Shantelle

Sermon.....Pastor Sil Lindo

"Our Lord's Prayer"

Closing Hymn.....Congregation/Chorister

"I Need The Prayers" (#505)

Benediction.....Pastor Sil Lindo

Blessing.....Pianist/Chorister

"Let The Church Say Amen"



Vision Statement

To see every member sharing Christ innovatively, meeting the needs of people, in readiness for His second coming.

Mission Statement

To reach people within Toronto and its environs with the everlasting gospel of hope and wholeness.

1ST QUARTER EMPHASIS: "STEWARDSHIP OF WORSHIP"



The graphic features a blue sky with white clouds as a background. On the left, there is a logo consisting of eight hands in blue and green, arranged in a circle. Each hand contains a white symbol: a cross, a heart, a dollar sign, and a gear. Above the hands, the text "MOUNT GILEAD" is written in a large, stylized font, with "SEVENTH-DAY ADVENTIST CHURCH" in a smaller font below it. Below the hands, the text "A PLACE WE GROW AND SHARE" is written in a yellow, outlined font. To the right of the hands, the text "2025 THEME: UNITING AND GROWING OUR CHURCH THROUGH STEWARDSHIP" is written in a white, outlined font. At the bottom left, there is a location pin icon followed by the address "700 Kennedy Road, Scarborough, Canada". To the right of the address is a Facebook icon followed by the URL "https://www.facebook.com/mountgsdatoronto/". Below the address and Facebook URL is a YouTube icon followed by the URL "https://www.youtube.com/@mountgileadsdascarborough1975/streams". To the right of the YouTube URL is a phone icon followed by the number "4167525333".

MOUNT GILEAD
SEVENTH-DAY ADVENTIST CHURCH

"A PLACE WE GROW AND SHARE"

2025 THEME:
UNITING AND GROWING OUR CHURCH
THROUGH STEWARDSHIP

700 Kennedy Road, Scarborough, Canada
<https://www.facebook.com/mountgsdatoronto/>
<https://www.youtube.com/@mountgileadsdascarborough1975/streams> 4167525333

NURTURING (MEMBER) Goal 1: To see members experiencing healthy personal spiritual growth that inform their passion for sharing the gospel collaboratively in mission (for the community).

SHARING (MISSION) Goal 2: To engage and interact with the external clientele through practical activities that will expose and invite them to embrace the love of Christ.

ANNOUNCEMENTS

- **Bible Study:** Will resume Sunday, September 7th at 5:00 p.m.
- **Study Hour:** Every 2nd and 4th Tuesday, 7:00 p.m. - 8:00 p.m. on Zoom – Ps. Lindo and Elder Shaw will share on Sabbath School Lessons
- **Hiking:** Every 1st and 3rd Sunday – May - October
- **Outreach Sabbath:** July 19th after Midday Service
- **Zoom Training for Evangelism:** July 26th at 5:00 p.m. Elder Rodney Umrah will teach us how to use Zoom and YouTube effectively as Evangelism tools.
- **Evangelistic Series:** October 04-26 (more details to follow)
- **Fundraising Banquet:** October 26 (more information to follow)

YOUTH LEADERSHIP WORKSHOPS

**MOUNT GILEAD SDA
YOUTH DEPARTMENT**

3PM TO 5PM

**MEET EVERY SECOND SATURDAY
ON ZOOM AND EVERY THIRD
SATURDAY IN PERSON**

700 KENNEDY RD.
SCARBOROUGH, ON, M1K 2B5
STARTING MARCH 2025

**DISCUSSION
SESSIONS**

The collage includes two photographs: one on the left showing a group of youth in a meeting, and one on the right showing youth sitting on a couch during a discussion session. Red arrows point from the text 'Youth Leadership Workshops' to the left photo and from 'DISCUSSION SESSIONS' to the right photo.

UPCOMING EVENTS

Practical Country Living Skills Campout 2025

Tuesday July 29th - Sunday August 3rd

GUEST SPEAKER



Dr. Eric Walsh

THEME:
THE CHRISTIAN HOME
IN THE LAST DAYS



CHILDREN'S
PROGRAM
INCLUDED

CAMP — LEARN — FAMILY — WORSHIP — REST



Gardening/Agriculture

Homeschooling

Home Remedy Demos



Canning/Preserving

Practical Cooking Class

Wood Management



Alternative Power Sources

Water / Septic

And Much More...

The time has come when, as God opens the way, families should move out of the cities.

E.G. White, 2nd Selected Messages Page 310

ADMISSION: No Charge / Donations Accepted via Cash, Adventist Giving, or e-Transfer to madoctreasurer@adventistontario.org with SKILLS CAMP in the message box

LOCATION: 422 Empey Road, Madoc, Ontario

REGISTRATION: See MadocAdventist.org for Forms

CONTACT INFO: Camp@MadocAdventist.org
416-839-5835, 613-919-4434

Sponsor:



MADOC
SEVENTH-DAY
ADVENTIST CHURCH



For Program Details please visit:
Madocadventist.org

** Bring your own Tent / Camper, food and water. **No Power, Food, Heating or Refrigeration Provided.** Children must be with parent/guardian at all times. Sorry No Pets.
Demonstrations will be interactive.

UPCOMING EVENTS



Fresh And Healthy

Giveaway Date: July 19th
Between 1:00 - 2:00

Food Basket Giveaway!

www.mountgileadadventist.org

Register Online



MEN'S MINISTRIES - ONTARIO CONFERENCE OF THE SEVENTH-DAY ADVENTIST CHURCH

MEN of UNDERSTANDING

Men's Ministries Leadership Certification Retreat

AUGUST 15-17, 2025 • CAMP FRENDIA

PROGRAM START: FRIDAY AT 7:00 PM / PROGRAM END: SUNDAY AT 11:00 AM

PRESENTERS:



DR. CESAR DE LEON
Director of Men's Ministries,
North American Division



PASTOR BILL ROBERTS
Ministerial Director,
Washington Conference



DR. ALLAN CHICHESTER
Director of Men's Ministries,
Ontario Conference

REGISTRATION LINK: <https://bit.ly/menofunderstanding>

EARLY BIRD RATE: \$100/person (Until July 7, 2025) • **REGULAR RATE:** \$135/person (Until July 31, 2025)

HIGHLIGHTS FROM HIKING (EVERY 1ST & 3RD SUNDAYS)





NEED PRAYERS?

SEND US YOUR PRAYER REQUESTS

Our God Still Answers Prayers And Work Wonders

<https://mountgileadadventist.org/>

Dear Lord,

I am letting go of my problems and asking you to handle them. I am letting go of my hurt and asking you to heal me. I am letting go of my fear and asking you to sustain me. I am letting go of my worries and asking you to bless me.

SPECIAL PRAYERS FOR:

- Prayer for our Pastors around the world
- Bro. Delroy Noble is not feeling well. Keep praying for him
- Sis. Ena Jones' coworker has cancer
- Carolyn and her son, Beulah (seeking a new home)
- Bryan, Sis. Maria's husband was hospitalized with a mild heart attack, but is now at home. Please continue to pray for him
- Elius, Sis. Maria's brother in St. Lucia (life-threatening illness)
- Sis. Carril Cornelius' sister (broken leg)
- Dionne Mitchell had eye surgery this week
- Kathy-Ann De Roche's mother is ill
- Kerisha Reid and the Mount Gilead Youth Department
- Janette Johnson and family, especially her niece Victoria, who has heart problems
- Bro. K. Francis (facing several challenges)
- Baby Marcelle (brain not functioning well)
- Dennis and Roslyn (Sis. Earlyn's brother and sister)
- Jonathon Pitt and Milton Mullings (revive their relationship with Christ)
- Hailu Girma (in hospital)
- Ashley (Kendrea Harris' sister) has occasional seizures.
- Monica Seetram, Delroy Noble, Helen Redman (facing challenges at work)
- Sis. Roslyn's 3 children, especially Brandon
- Jehan DeAlwis (in wheelchair, prayer for healing)
- The people suffering from wars and natural disasters worldwide.

CONTINUOUS PRAYERS FOR THE SHUT-INS AND SICK MEMBERS:

Flo Brown, Paulette Burnett, Floretta Calendar, Rosllyn Connaught, Ken and Marjorie Crawford, Carolyn Hinds, Janette Johnson, Gemma King, Rudolph and Myrna Lewis, Clorine McNeish-Weir, Dionne Mitchel, Suthlyn Pinnock, Amanda Reid, Mayerling Rivera, Colin Thompson, Pauline Thompson, Peter Toppin

HEALTH CORNER

RECAP ON MEN'S HEALTH TALK

Last week, our guest speaker, Edwin Chung, founder of Humble Herbals, shared insightful information about men's health and common concerns they face. A few of the health concerns mentioned were cardiovascular issues, low energy, sexual vitality, and hormonal balance.

Some causes for these issues include:

- High stress levels
- Poor nutrition
- Lack of sleep
- Pornography (inhibits testosterone and contributes to low motivation and poor mood)
- Environment (toxic items in the home, e.g. plastics, fragrances, chemicals)

Some of the solutions given were:

- Good nutrition, emphasizing a whole food, plant based diet, free from processed and packaged foods
- Regular exercise and strength training 3x/week
- Increased water intake
- Elimination of immoral activities
- Proper rest of 7-8 hours every night
- Meditation on the Word of God

Many herbal solutions were mentioned. Here are just a few:

- Gingko – for better circulation in the body and brain
- Fenugreek – improves testosterone levels & cardiovascular health
- Ginseng – for increased energy
- Maca – for improved mood and sexual function
- Ashwagandha – helps reduce stress



To find out more about herbal solutions for improved health visit:

HUMBLEHERBALS.CA

Website for Herbal Tips

For more information on Herbs and their uses for health for both men and women, visit <https://humbleherbals.ca/>

Founder of Humble Herbal is Edwin Chung, a former member of Mount Gilead Church



3 Simple WAYS TO GIVE

1

Online:

www.mountgileadadventist.org

2

Mail Your Cheque To:

37 Eglinton Square
Scarborough, On, M1L 4T2, PO Box 51028

3

In Person

or call 416 752 5333

"Give cheerfully, with open hands, God's abundance forever expands."

Reminder: \$80:00 Weekly Contribution to Church Budget

Where Do My Offerings Go?

13th Sabbath Offering

You've heard how everyone in an Amish community comes together for a barn raising. Well, Seventh-day Adventists also have projects where we all pitch in to accomplish a goal. That is the purpose of the 13th Sabbath offering. Every 13th Sabbath, the church focuses on one of its world Divisions to accomplish a mission goal. The offering often goes toward constructing a building that will be used for education, evangelism, or media outreach. The 13th Sabbath offerings have been used to establish schools such as Central Philippine Adventist College. A recent offering made a youth camp possible in Belize. All the church members around the world join hands in these projects through sacrificial giving.

In 1913, the 13th Sabbath overflow amounted to \$474. Now, it exceeds a quarter of a million dollars. We call it an overflow offering because it encourages extra giving beyond the usual mission offering. In practice, 25 percent of the 13th Sabbath offering is considered overflow. The rest is more broadly distributed to continue mission work around the globe. You can also give a 13th Sabbath offering anytime by marking it on your tithe envelope. Do you want to be part of something big? You'll be part of a worldwide community expanding Adventist mission work when you give to the 13th Sabbath offering.

Remember: Our giving funds the mission to finish the work.

HOUSEKEEPING ITEMS

Reminders:

All Mount Gilead Ministries are encouraged to share plans, upcoming events, and reports on past activities by emailing mountgileadbulletin@gmail.com, which we will upload to the Bulletin or Newsletter. We welcome your news reports, poems inspirational thoughts, prayer requests, testimonies, birthdays, anniversaries, etc.

Published by:

The Communications Department
Mount Gilead Seventh-day Adventist Church
Scarborough, ON

Email Addresses to Use for Church Correspondences:

mountgileadadventist@gmail.com (official church email)
mountgileadelders@gmail.com (to correspond with Head Elder)
mountgileadbulletin@gmail.com (to submit Bulletin and Newsletter information)
mountgileadboard@gmail.com (to submit agenda items for Board Meetings)
Mt.Gileadpathfinders@gmail.com (for Pathfinder Club)
mountgilead.pm@gmail.com (for Personal Ministries)
mountgileadhealth@gmail.com (for Health Department)

Mount Gilead Newsletter/Bulletin for 2025

To submit information for the Newsletter/Bulletin

Deadline: Wednesday midnight

Email only to mountgileadbulletin@gmail.com

**because both Sis. Patrice Williams and Elder Yvonne Edwards
need the information at the same time.**

Patrice will make the Newsletter/Bulletin

Yvonne will make the ProPresenter slides for Sabbath Services

Board Meetings

3rd Tuesday of each month **at 7:30 pm**, unless told otherwise

**Deadline to submit agenda items is one week before the Board meeting, the
2nd Tuesday of the month by 9:00 pm.**

Both the item(s) and details must be submitted to this email
(mountgileadboard@gmail.com),
which will then be reviewed by the 1st Elder and Pastor.

Persons presenting items should have
motions prepared and written down prior to the meeting.